



# Iluka Public School Newsletter 9

21—27 Charles Street Iluka NSW 2466

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## Principal's Message

Dear Parents / Carers

### Parent-Teacher Interviews

This week, parent-teacher interviews are being held. Teachers are reporting that the response has been positive with many parents taking the opportunity to discuss Term One progress. School and families share a common goal ensuring that students succeed. Interviews remain the best way to help students get the care and attention they need. It is not too late to participate. Please contact the school to arrange a time that suits. Research shows that when both teachers and parents are working together, students strive harder to meet the expectations. See you this week.

### Eat It to Beat It

This Wednesday 25 March the school is holding a free Fruit and Veg Sense Workshop. It is being run by the Cancer Council of NSW. It will show parents and carers how to save time and money making healthy meals and learn clever ways to entice fussy eaters. All parents who attend will receive a free recipe book. The workshop will run from 9.15 am – 10.45 am. See the advertisement in this newsletter.

### Student Wellbeing and Welfare

Staff at Iluka Public School take all students' wellbeing, welfare and general behaviour seriously. At every staff meeting, a large portion of the time is spent discussing the issues that have arisen or that may in the future. As parents it is important to inform teachers if your child is having trouble at home or with other students at school. Iluka Public School prides itself on providing quality learning programs in a learning environment which is friendly inclusive, safe and supportive.

#### MEETING AGENDA

- |   |                             |              |           |
|---|-----------------------------|--------------|-----------|
| 1. Arising from last meeting                      | 4. Learning Support         | 7. Sport     | 10. Mail  |
| 2. WH & S   | 5. Fortnightly Organisation | 8. CAPA      | 11. Other |
| 3. Student Welfare, General Behaviour & Detention | 6. Technology               | 9. Community |           |

### Young Leaders Conference

Last Friday I had the privilege of taking our school leaders to the Young Leaders conference in Brisbane. The students had the opportunity of listening to inspirational guest speakers including Bindi Irwin. Iluka Public School students behaved wonderfully and came away better informed and hopefully motivated. Although it was a long day, it was certainly motivational and definitely worthwhile.

### ANZAC Day Campout

The ANZAC camp set down for Friday 24 April has now been confirmed. Thankyou to those parents who were keen to be involved in this once in a lifetime opportunity. **PLEASE NOTE THAT ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT.** More details and a full itinerary will be sent out to those families when the final guest speaker has been confirmed.

### Lennox Head Creative Arts Camp (26 July-31 July 2015)

Details are now available for the above mentioned camp. The camp is for students in Years 4, 5 and 6 who show an above average ability in music, dance, vocal, visual arts and drama.

#### Monday 23 March

**Parent-Teacher Interviews begin**

#### Wednesday 25 March

**Eat it to Beat It Workshop @ 9.15 am**

**Flex and Point**

#### Thursday 2 April

**Cross Country**

**Last Day of Term 1**

#### Monday 20 April

**Staff Development Day**

#### Tuesday 21 April

**First day of Term 2**

#### Friday 24 April

**ANZAC Day Campout**

#### Saturday 25 April

**ANZAC Day march leaving from school**

#### Friday 1 May

**Dance workshops and dance-a-thon**

**Canteen Duty  
Monday 30 March**

**Kylie, Dom and Kelly**



A significant emphasis of the camp is performance and display. Cost of the camp is \$480, please see the office for further details and an application form.

### World Dance Day

Mandy Pashen (Polka Dots Incorporated) is holding a dance workshop for primary students K-6 on Friday 1 May. It is being held at the Raymond Laurie Centre in Yamba and will cost \$30. The workshop will run from 9am—3pm and aims to engage students in multicultural dances from around the world. Following the workshops, students will then have the opportunity to celebrate World Dance Day by participating in a Dance-a-thon from 4pm—9pm. Please contact the school for details and registration forms.

### “Say No to Bullying”

Congratulations to Shalou and her family who travelled to Sydney (by bus and rail) to attend the presentation of the “Say No to Bullying” competition awards. Shalou received her award from the NSW Governor General after receiving a high commendation for her anti-bullying poster. We are very proud of Shalou’s achievements.



### Welcome Back Mrs Haupt

The school welcomes back Mrs Haupt from her educational tour of Uganda. We look forward to hearing about her adventures.

### Maths Problem Solving Quiz

Included in this week’s newsletter is an Easter themed maths problem solving quiz. All entries need to be forwarded to myself by Thursday afternoon. Canteen vouchers will be awarded to winning entries.

*Phil Bradmore*

## Kinder Class News

We extend a warm welcome to our new Kindergarten students - Avalon, Trent, Zac - and their families.

**Sound of the Week**-The focus letter and sound for the week is **s**.

**Parent-Teacher Meeting**-Parents if you have not yet confirmed a meeting time, I still have available times throughout this week. Please do not hesitate to contact me to arrange a meeting.

**Easter Hat Parade**-Hope all is going well with your designing and creation of an Easter hat for your child/ren. Our school will be holding an Easter hat parade on the last day of this term, Thursday 2nd April.

**Home Reading Target**-Students should have read for a minimum of **41 nights**.  
Lynne

## 1/2 Class News

Welcome to our new students Grace and Michaela. We hope you have a wonderful time at Iluka. Thank you to the Year 1 parents for expressing interest in attending an interview. Confirmation of times has been sent home and I look forward to meeting with you all this week. I am happy to meet with any Year 2 parents also if you wish to do so.

We have been busy preparing a variety of art works to enter in the Maclean Show. It is anticipated that every student will have a piece exhibited in the show (to be held early next term) Thank you for supporting Harmony Day. Students looked fantastic in their orange clothes and enjoyed trying multicultural foods.

Students should be in the 40s for their home reading. Next week students should start hitting that target of 50 nights. I will be handing out awards to those who achieved 50 nights of home reading for the term. Journals are checked every Friday. Don’t forget to start preparing an Easter hat for the parade held on the last day of term.

Have a lovely week, Kristy

## 2/3 Class News

Hello Everyone

I am looking forward to meeting with the parents who have made appointments for the parent-teacher interviews. If you have not yet done so but would like to make an appointment, please do so as soon as possible as the meetings are only being held this week. It is a valuable opportunity for us to discuss your child’s progress so far this year and for you to inform me of any concerns you may have.

The Easter Hat Parade is being held on the last day of term. It will be great to see all of the student’s wonderful creations. Also, the annual Cross Country event is being held on this day. All of the students have been training very hard this term in preparation for the event and they are all looking forward to participating and trying their very best.

Home Reading awards for the students who have reached the target of 50 nights reading will be given out next week. Therefore I need every student in the class to bring in their journal so that I can check it in order to write out their award.

Library day is Tuesday.  
Homework is due on Friday.

Have a great week, Stacey.

## 3/4 Class News

Hi everyone!

The students enjoyed having Mrs Brown last Friday. I was away for professional development. I was happy to once again receive positive comments about the students and their behaviour. Confirmation of times for interviews, have been sent home and I look forward to meeting with you all this week.

The students received dice yesterday as a present from me. They are encouraged to play multiplication, subtraction and addition games daily. This is an op-

portunity to enhance number facts while having fun.

Thank you to Mrs Howard for organising a variety of art works for our class. Some of these artworks will be entered into the Maclean Show (next term).

Home reading target this week is mid 40s. The goal for the end of the term is 50 nights reading. Home Readers will be collected tomorrow.

Don't forget to start preparing an Easter hat for the parade held on the last day of term.  
Have a fun week, Bek

## 4/5 Class News

Hi all,

It was great to see the participation on **Harmony Day**. It was a lot of fun.

The **cross country** will be on the last day of school this term. I look forward to meeting with parents this week during **parent-teacher interviews**. It is not too late if you haven't organised an appointment time.

The 4/5 class are going to Mrs Cunningham on Mondays after lunch for **PDHPE** whilst I have the 3/4 class for literacy.

The **Easter Hat Parade** is on the Easter Thursday. Last day of school this term.

Students need to keep up the **Home Readers** and continue to learn the **Times Tables**.

Enjoy the week! Regards John

## 5/6 Class News

**Interviews:** are being held this week. A time schedule was sent home last week.

**Speaking tasks:** were done really well last week. There were some very creative recycled structures constructed and some good team work happening. Well done 5/6.

**Home Reading:** awards will be

given out over the next week to children that have reached their target of 50 nights home reading for the term.

**Market stall fundraiser:** is being organised by the class. There are 6 groups with 4 children in each. They are working and planning a stall for next Tuesday to sell a range of items eg cakes, sweets, toys, books etc. The proceeds will go into purchasing another fruit tree and items for our horticultural area.

**Fruit Fly Trap:** Caleb demonstrated a 'home made' fruit fly trap invention last week. In pairs we will have a go at constructing one and placing it in the school vegie gardens to see if we can trap some flies.

Enjoy the autumn weather. Di

## Library/Technology News

Students ICT projects are coming to the finishing stages and many have come together well with some high quality work being created. The 4/5s have finished their projects and they have been uploaded to YouTube and this week will be peer assessing each others to see who has created the highest quality animation with the app toontastic. 5/6s videos will be uploaded this week and peer assessment will take place next week. All other classes will also be peer assessing each others work, however some groups may need more time and the peer assessment stage may need to take place next week.

## Message from School Chaplain

Hello to all our Families, and welcome to our new families,

Over the next few weeks, I'm going to be posting a number of links to the school Facebook page. I urge all parents/carers and students to take the time to look at these links. They contain information that I believe may be very useful to students and their families.

One link that I have found particu-

larly informative is ***"The Resilience Doughnut"***. A funny name, but a very clever concept for building resilience in children and families. I'd like to leave you all this week with a quote from one of the Resilience Doughnut publications ***"The secret of strong kids" - 'See your children as fruit from your tree, and realise that nourishment of yourself will best ensure their proper growth.'***

A reminder to us adults that if children see us as strong and happy people, they are more likely to be strong and happy people themselves.

Have a good week. Miss Lisa

## Premier's Reading Challenge

The Premier's Reading Challenge for 2015 has commenced. The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely. Students from Kindergarten to Year 2 will read 30 books with their class teacher and Mr Jones when visiting the library. Years 3-6 are required to read 20 books individually, 15 of which must be on the PRC book-list and 5 can be own choice. We have a wide range of PRC books in the school library. Students have been given a copy of the reading log to keep track of the books read. Alternatively, they can use their school username and password and record their log online. The Challenge runs until 21st August. For more information visit the website <https://online.det.nsw.edu.au/prc/home.html> or see Mrs Gardner.

## 5/6 Market Stalls

The 5/6 class is organising some small market stalls to sell a mixture of things next Tuesday. They are working in small teams to organise a range of things on their stalls. There will be cakes, slices, sweets, toys, books etc. It will be held between 1:15 and 2pm. They are hoping children will bring some money to school to buy things



off their stall. The proceeds will go into the horticultural area.

## Easter Hat Parade

We will be holding an Easter Hat Parade this year on the last day of the term. It will commence after lunch, 2:15 on Thursday, 2nd April. Parents are invited to come along for the parade. Just a little bit of notice so you have some time with those wonderful creations!

## Harmony Day

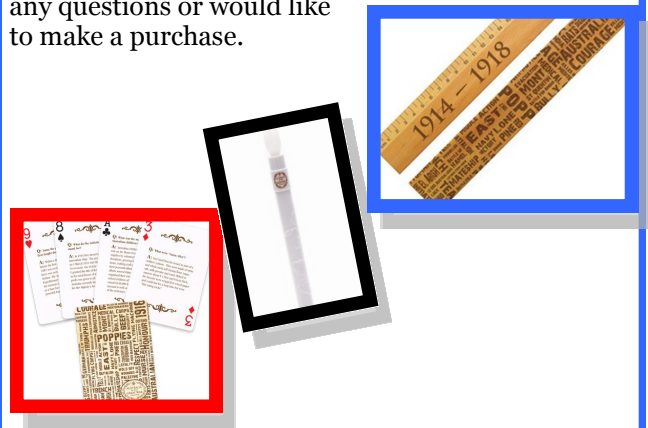
Last Friday we celebrated Harmony Day. The day was a huge success due to the fantastic support of families. Thank you for delicious array of food and the generous donation of money. The total amount raised is yet to be determined but it will be put towards Fredy's World Vision sponsorship. Special thanks to Jess Edie and Sam Carlon for co-ordinating the tuckshop and to the many other parents who helped on the day with serving and cleaning. It would not have been possible without all of the assistance provided on the day. Thank you! Mrs Gardner

## ANZAC Souvenirs

This years marks the 100 year anniversary of the Gallipoli landing. To commemorate this milestone, the school will be selling some souvenirs. Items and prices are as follows:  
playing cards \$4  
LED light candles \$4  
rulers \$2

The decks of playing cards feature questions and answers about the Great War and are also a fantastic learning tool for playing maths games. The candles will be useful for the ANZAC camp out Mr Bradmore is conducting on the school oval and will provide a beautiful glow at the Dawn Service. The rulers are wooden and 30cm in length which are the preferred rulers for classroom use.

Souvenirs will be on sale all next week and again in Week 1 next term in the lead up to ANZAC Day unless sold out sooner. See Mrs Gardner if you have any questions or would like to make a purchase.



## Easter Colouring In Competition

Home Timber and Hardware Maclean and Yamba have invited our students to be a part of their Easter colouring in competition. All students from Kinder to Year 4 have been given a copy of the colouring in sheet to complete in their own time at school or home. The school will arrange for the entries to be dropped off at Home Timber and Hardware if they are returned to Mrs Gardner by Friday 27th March.

## Canteen Roster

**A huge thankyou to all the families who donated home-made goodies this week!!**

### MARCH CANTEEN ROSTER

**MONDAY  
30 MARCH**

KYLIE KERR, DOM  
HORNE, KELLY  
CLARK

Year 1/2 to  
donate home-  
made goodies

## School Banking

A quite week this week with 35 bankers. Student Banker of the week – Congratulations Ethan Starkey. Due to next week being the last week of school and Friday a public holiday I will collect bank books on **WEDNESDAY 1st of April.**

Banking will remain as normal this week –

Jess Edie, Phone 66457573

### WANTED

**BENCH PRESS BENCH WITH WEIGHTS  
AND BAR**

**DUMB BELLS**

**PLEASE CONTACT THE SCHOOL**

### NAPLAN Style Booklets

Available from Iluka Post Office/Newsagency

Year 3, Year 5, Year 7

Reading, Writing, Language Conventions,  
Numeracy

Only \$10

## Iluka Football Club -

### Under 6's, 7's, 8's, 9's

Training will be held at 4pm each Wednesday for all of these teams at the Iluka Soccer Fields – **starting this Wednesday 25 March 2015.**

**The first game of the season for these players will be Saturday 18 April.**

### Under 12's

Training is held at 4.30 pm each Wednesday.

**The first game of the season for these players will be Saturday 11 April.**

Players will need covered shoes/soccer boots, shin pads and water.

For the most current information and updates, check out our Facebook page: Iluka FC or contact Secretary Ken on 0416 553 125.



## Creative Arts Holiday Workshop for Kids

# CIRCUS

Learn a dance, create a costume, make circus-themed craft, and design and build a set!  
Perform and show off your creative skills in a concert on the last day!!



If you like the Circus, Hip-Hop Dance, Art and Craft, and if you're in Primary School – Then this is for you!!

**When:** 14<sup>th</sup> - 17<sup>th</sup> April 2015

(Tuesday - Friday) 9:30-12:30

**Cost:** \$120 for the full workshop

**Where:** At Maclean Scottish Town Dance Centre, Carney's Arcade, River St, Maclean (above the shoe shop)

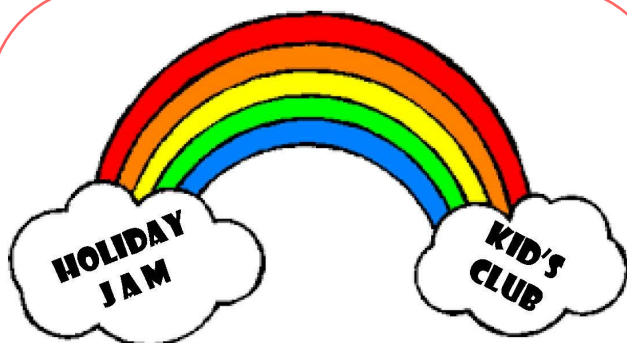
**Contact:** Janet 0400193028

**All enquiries welcome.**

**Bookings essential.**



To ensure your place, a deposit of \$50 is required – non refundable.



**GAMES      COMPETITIONS      SNACKS**  
**CRAFT      STORIES      PRIZES**  
**AND A WHOLE LOT MORE**

**Where:** St Peter's Anglican Church Iluka

**When:** 7th & 8th April

**Time:** 9.30am - 11.30am

**Who:** 5 to 12 year olds

**Cost:** \$1 per day

More information ???  
please phone Sister Lyn on 66454038  
Or mobile: 0412 966458

 Education & Communities  
Public Schools NSW

## Making Connections Dance-a-thon



Celebrating World Dance Day



## DANCE WORKSHOP

**Friday 1 May 2015**

**9am - 3pm**

**Primary School Students**

**Year K - 6**

**Raymond Laurie Sports Centre, Yamba**

**Cost - \$30**

**Register Now**

**Email - [Amanda.Pashen@det.nsw.edu.au](mailto:Amanda.Pashen@det.nsw.edu.au)**

Making Connections Dance-a-thon is a Creative Arts Program supported by the Department of Education & Communities Public Schools NSW. The Program is to coincide and celebrate World Dance Day (International Dance Day) which is held on 29 April each year. The program aims to promote, connect and enhance dance in education and increase the awareness of the importance of dance among the community.

## Raising sensitive kids

Do you have a sensitive child?

You know, a child who takes everything you or others say to heart; a child who has a thin skin and worries too much, particularly about things out of their control.

Sensitive kids worry about what others think of them. They often sense danger well before others and they see the consequences of behaviours well before their peers.

Sensitive kids are like mood detectives with their antennae up trying to detect subtle changes in the moods of those around them. In some ways this is healthy as emotionally intelligent people are tuned into the behaviours and feelings of others. Sensitive kids generally have high emotional intelligence quotients.

If you have a sensitive child you need to see and appreciate both their sides. The side we most often see is the shy, inhibited, fearful worrier. The flipside is that sensitive kids generally have kind hearts; are empathetic, intuitive and usually possess a creative streak. These are wonderful attributes to have.

Recent research into the area of children's sensitivity revealed that around 40% of sensitive kids experience some form of real anxiety.

The secret to the 60% of kids who DON'T experience anxiety are certain 'protective' factors. The top of this list is parenting style. Sensitive kids benefit from having an optimistic, resilient parent who supports them but doesn't allow them to take themselves too seriously. It also helps if parents can encourage their child to take risks socially and applaud their social successes, no matter how minor. Parents need to show their child how to recognise their own emotional state and in doing so better manage their emotions so they can live happy, more productive lives.

The double whammy for kids of sensitivity and negative or pessimistic parents is not ideal. Kids need a parent who gets across the message that there are some unpleasant events but they can cope with them. Parents need to recognise their own emotions and response in order to help their child recognise and regulate their emotional state.

It is good if parents are supportive; even better if a parent is resilient so that the sensitive child sees how to cope with some of life's hurts, rejections and disappointments. In fact, sensitive kids are less likely to develop anxiety if at least one parent is of the 'thick-skinned', positive, even jovial type. This reinforces that the world really is a great place and not full of uncertainty and danger.

When sensitive kids are raised in a balanced way with proper understanding and encouragement, they are well-placed to grow up to be happy, healthy, unusually well-adjusted and creative adults.





## The simplest way

to improve the health of your family and save money

### Come to our FREE Fruit & Veg Sense Workshop

**Date:** Wednesday 25<sup>th</sup> March

**Time:** 9.15am until 10.45am

**Venue:** Iluka Public School

Did you know that eating enough fruit and vegetables all their lives can help protect children against diseases, including some forms of cancer? This **free workshop** run by Cancer Council NSW will show you how you can easily:

- Save time and money making healthy meals
- Learn clever ways to entice fussy eaters
- Get a free recipe book simply by attending

**Don't miss out** – registration is essential. To book your place please register no later than Monday 23<sup>rd</sup> March:  
Visiting the school office  
Emailing [aimeej@nswcc.org.au](mailto:aimeej@nswcc.org.au)  
visiting [www.cancercouncil.org.au/eatittobeatit/register](http://www.cancercouncil.org.au/eatittobeatit/register)  
or phoning (02) 4923 0710



## BCU YAMBA HOLIDAY SPORTS CAMP 2015



The 2015 BCU Yamba Holiday Sports Camp is on this April. Sports to be played will include: tennis, (racquets available), basketball, futsal, volleyball, netball, table tennis, and finishing with swim & Sausage sizzle on Thursday & of course the mini gymnastics with Clarence Coastal Gymnastics. Canteen facilities available at pool & indoor centre. Venues to be used: Yamba Swimming Pool, Tennis Courts and Raymond Laurie Sports Centre. Lots of prizes including BCU bank accounts to be won!!!

**When:** Tues 14<sup>th</sup>, Wed 15<sup>th</sup>, Thurs 16<sup>th</sup> APRIL

**Where:** Pool Tennis Courts Angourie Road, Yamba

**Time:** 9:30am-1:30 pm

**Cost:** \$100 (Day rate \$40)

Organised pick-up from 8:45am Iluka ferry, returning 2:30pm ferry Yamba. Any further inquiries please phone Alan on 0416016775.

Return Form

Easter Holiday Camp 2015 BCU

Please circle one of the following categories and if swimming:

K - Grade 2      2. Grade 3 - 5      3. Grade 6 - 8

Swimming YES or NO      Photographs YES or NO  
Please note: pool fully supervised with lifeguard.

Complete and return permission slip with payment by Sat 11<sup>th</sup> April.

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Email: \_\_\_\_\_

Mob: \_\_\_\_\_

All cheques and monies payable to Alan Jurd Coaching.  
Bank details: NAB Bsb: 084 730 A/C 83 489 1700 Po Box 270 Yamba NSW 2464

Email form back to [alan.jurd@bigpond.com](mailto:alan.jurd@bigpond.com) / mb: 0416 016 775

## EASTER THEMED WEEKLY MATHS QUIZ

Heidi made a rectangle with Easter stickers that was 14 stickers long and 15 stickers wide. How many stickers were in her rectangle?

Daisy and her dad painted Easter eggs for an Easter Egg hunt. For every egg that Daisy painted, her dad painted 6 eggs. If Daisy painted 19 eggs, how many eggs were in the hunt?

Mr Bradmore wants to dye an equal number of eggs green, blue, yellow, purple and red. If he has sixty eggs, how many eggs should he dye blue?