

## Iluka Public School - Newsletter 32 October 24, 2017

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## Dates to Remember

Term 4

**OCTOBER** 

Wednesday 25th

Yr 6 Transition (Maclean High School)

**Thursday 26th** Preschool Transition 9-1.30

**NOVEMBER** 

Wednesday 1st

Year 5 & 6 students Fishing Program Whiting Beach 11.30am

Monday 6th
P & C Meeting at 7:00pm

Thursday 9th

Gallery goes to school

Preschool Transition 9-1.30

Monday 13th Swimming Scheme (2 weeks) For Yr1-Yr4 students

Tuesday 21st Boating excursion Yr 4/5 &

Yr 5/6 11.30-2.30 **Tuesday 28th** 

Boating excursion Kinder & Yr 1 11.30-2.30

**DECEMBER** 

Monday 4th P&C Meeting - 7pm

Tuesday 5th Boating excursion Yrs 2, & Yr 3/4 11.30-2.30

Friday 8th Reports go home

Tuesday 12th Presentation Day 11.30am

Disco Bowling Club

Wednesday 13th Carols in the Park

Friday 15th Last day of Term 4

#### SPECIAL EVENT

**Iluka Community Fun Day - Sunday, 12th November!** 

#### **Principal's News**

#### **Iluka Community Fun Day**

On Sunday 12 November, all Kinder to Year 6 students are invited to join the CRANES group for the Iluka Community Fun Day. Jo Houghton from the organisation promises loads of fun and entertainment. The day will run from 10.00 am until 2.00 pm.

#### School planning 2018 – 2020.

Public schools in NSW are commencing planning for the next 3 year planning cycle from 2018 – 2020. The school plan outlines the priorities of each school and where resources are to be allocated. This is a time where we as a school community look at where we are and where we want to be headed over the next three years. In planning for next year we need your feedback and input. Please have a look at the survey coming home with today's newsletter. It include a list of some of the things we have been doing or will do at school this year. When you start to list them you can see there are quite a few! I may have missed a couple so please add them in if you think of any. The second page has two spaces to answer the two questions. In the past, parent and student feedback has led to us changing our uniform, setting up the chook pen and vege garden, having fortnightly assemblies and having dance eisteddfods. This year we are asking just 2 questions: What do we do well? and What can we improve? When you have completed your survey, send it back into me or the front office at school. Each survey received will earn that family a ticket in the draw for school stationery and other goodies.

#### Whole School Assembly

I am looking forward to seeing and meeting parents and carers at this Friday's Whole School Assembly (Friday 27 October). It will be our first assembly in some time. I know a number of students will be receiving their award certificates.

#### Kindergarten 2018

A reminder to all our prospective Kindergarten parents for 2018 that we require your child's enrolment form so we are able to plan our class for next year. We are very hopeful to have 13 kindergarten students. Your support would be greatly appreciated and these forms may be returned to the office as soon as possible.



#### Calendar

We now have only seven weeks until the end of Term 4, which is always hectic. It is very important that you keep up to date with our communications as there is much happening. All classes have a day excursion this term as well as our K-4 Swimming Scheme and Gallery Comes To School. There is as well a special Boating Program presentation coming soon as well as the Year 5 Prefect Speeches.

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#### **Selective High School Information**

Applications for selective high school placement in Year 7 in 2019 open on 10 October 2017 and close on 13 November 2017 at <a href="https://education.nsw.gov.au/publicschools/selective-high-schools-and-opportunity-classes/year-7">https://education.nsw.gov.au/publicschools/selective-high-schools-and-opportunity-classes/year-7</a>. The Selective High School Placement Test is on 15 March 2018. Selective high schools cater for the specific needs of high achieving gifted students who may otherwise be without sufficient classmates at their own academic and social level. Selective schools help gifted and talented students to learn by grouping them with other gifted and talented students, teaching them in specialised ways and providing educational materials at the appropriate level. Parents apply when the student is in Year 5. The students sit the test in March of Year 6. To be considered for placement students must sit the Selective High School Placement Test. For information about applying and the placement process go to <a href="https://education.nsw.gov.au/public-schools/selective-highschools-and-opportunity-classes/year-7">https://education.nsw.gov.au/public-schools/selective-highschools-and-opportunity-classes/year-7</a>

#### Bus Passes for Children -Year 2 to Year 3 - 2018.

Parents please be aware that if your child is in Year 2 going into Year 3 next year you will need to reapply for a bus pass online at this link <a href="https://apps.transport.nsw.gov.au/ssts/updateDetails">https://apps.transport.nsw.gov.au/ssts/updateDetails</a>

We would like to wish Olivia Hinde from 5/6 good luck and all the best as she performs in the musical, '13'. Olivia is a very talented theatre singer who is participating at the Maclean Civic Hall. In future years we will be able to say "we knew her when...".

#### **Kindy Class News**

**Home Reading-**This Friday 27th October, students who have achieved 150 nights of reading will be presented with their certificate at our whole school assembly. A reminder that our goal for this term is 200 nights of reading. Those students reaching this target by the end of the term will be invited to participate in a special activity to celebrate this milestone.

**Library-**The majority of students in Kinder borrow and return books each week. However some books that have been borrowed are now overdue. Overdue notices will be sent home tomorrow. At the end of the year all books have to be accounted for and if books are lost then a payment fee is imposed, so please start looking for those misplaced books.

**Spelling-**Another successful week of spelling in Kinder. This week our focus words are: **put**, **if**, **yes**, **want**, **run**, **but**, **at**, **ran**, **big**, **said**. These spelling words are helping us to become better spellers, writers and readers. Keep up the great work, Kinder!

**HSIE Home Project-**Kindergarten students have been asked to make a model of a human shelter. Some of the types of homes that we have discussed in class are: houses, huts, igloos, castles, house boats, caravans, tents, teepees, flats, apartments. The students have a free choice of the type of model they would like to make and the materials to be used. The models are due at school on Thursday 13th November.

#### Reminders:

\*Library day for Kindergarten this term is Wednesday.

\*Please return 'Gallery Goes To School' permission note and \$3. Lynne

#### **Year 1 Class News**

Hi everyone! I have really enjoyed my time working with the students in Year 1 over the past two weeks. **Literacy:** We have continued looking at 'Expositions' this week. Students are beginning to construct their own writing on topics such as 'Wearing School Hats' or 'Dogs are better than Cats'. Students are learning all of the techniques that they will need to create a convincing argument on their chosen topic. **Maths:** This week's focus for maths is 'Multiplication and Division'.

**Art**: In Art this week we have been talking about Pablo Picasso and have created our own abstract self portraits.

#### Reminders:

\*Library day for Year 1 this term is Tuesday

\*Please return 'Gallery Goes To School' permission note and \$3.

Have a great week. Morgan Daley

#### **Year 2 Class News**

**Literacy:** This weeks country of focus is Brazil. We are reading the kids story book called "1,2,3 suddenly in Brazil". Based around this book students will participate in a variety of activities during literacy groups on Wednesday and Thursday. Students will also learn facts about Brazil during our literacy session.

**Maths:** This week's focus for maths is money.

**Geography**: Last week the students looked at naming and locating countries around the world and also naming and locating the continents. This week we will dive in a little deeper to look at what connections Australia might have with other countries around the world.

**Swimming Scheme**: The two week intensive swimming scheme is just around the corner. It would be really appreciated if notes and money came back quickly so we are all organised and I don't have to chase anyone up. You can now pay online through our website to make paying for school events eve easier. The note still needs to be returned and if you could just write on the note that you paid online that would be great.

**Technology**: Miss Anderson found a great free resource called typing.com that allows students to improve their touch typing skills. I have signed up my students to this website to allow them to improve their touch typing skills. If they would like to log into their account at home their username is the same as their school's username and you can get the password by messaging me through class dojo. I hope everyone has a great week. Matt.

#### Year 3/4 Class News

Hi everyone! I am really happy with the overall attitude the students have towards learning. They are improving and producing some great work. They are really engaged in our integrated History unit and have had great discussion on the effects of British Colonisation. The students are planning an historical inquiry as part of their assessment. They will be presenting a powerpoint presentation to the class in week 9. Over the next few weeks I will be assessing the students and finalising marks to commence reporting. **Reminders:** 

Library is on Thursdays and I encourage all students to borrow books for Home Reading. It is imperative they read daily. Library borrowing provides an opportunity for them to borrow books they will engage in. Gallery Goes to School permission notes and monies need to be returned as soon as possible.

Times tables need to be revised daily.

Homework is due on Fridays.

Have a great week Bek

#### Year 4/5 Class News

Hello everyone and welcome to Week 3.

**Get Hooked- It's Fun to Fish Program**: Next Wednesday, the Year 5 students from this class will be joining the Year 5/6 class to participate in the 'Get Hooked' fishing program. However, there are still a number of students who have not yet returned their permission notes and payment. Please ensure your child does not miss out by returning these as soon as possible.



This week- In DIPL, the unit focusses on base words and their endings, proper nouns, adverbs and using adjectives when writing. The students will then be required to transfer these important aspects into their writing throughout the writing sessions this week. In maths, the students will be working in the Statistics and Probability strand. This will cover various Chance and Data tasks and activities. They will also continue the daily skip counting challenges that the students now look forward to every day. I have been told by quite a few of the students that they even do extra practice at home in preparation for the daily challenges. We have been discussing the various aspects involved in demonstrating respect, both for ourselves and others. Yesterday the students produced an acrostic poem based on this topic. The poems will be on display in the classroom later this week if you would like to have a look. I art this week, the students will be starting a new art. They have already created some great art works and are really enjoying the processes involved.

**Reminders-** Gallery Goes to School permission notes and payment. Library is on Wednesday. Homework and home reading journals are due on Friday. Banking is on Friday. A whole school assembly is being held on Friday.

Have a great week.

Stacey

#### **Year 5/6 Class News**

Hello everyone,

How wonderful to receive the rain over the last week! The lawns around the school are looking great. **High School Transition**: for the Year 6 students will be tomorrow. This is their last day of visiting the high school and they go for the whole day. It has been another successful program. Year 5 students will go to Ms Anderson in the 4/5 class for the day.

**Get Hooked- It's Fun to Fish Program**: will be held next Wednesday, Nov 1st. The Year 5 and 6 children have the opportunity to participate in this very interesting initiative. Please return notes as soon as possible.

**HSIE**: this term revolves around environmental hazards and the impact they have on humans as well as environments. The students are showing positive interaction and interest thus far. Well done girls and boys.

**In Writing**: we are looking at some different kinds of language features to help improve the quality and maturity of our written expression.

**Class Novel**: is progressing well. The children are enjoying the plot unravel and the development of characters.

**Library:** time is an opportunity to borrow books. I would encourage all students to do just that. These texts can be read at home and written into their home reading journals.

Maths: time over the last couple of weeks has involved work with fractions, angles and measurement conversions.

Egg Cartons: are required please for our eggs. If you have some spare ones could you please send them into school. Thanks.

Have a pleasurable week. Di.

#### **Library/Technology News**

#### In class:

Kindergarten are currently working through their Life Education booklets 'My body matters' for Personal Development. We are exploring hygiene, nutrition, physical activity and safety at home, school and in the community. Students are excited to share their exercise routines they created last week, taking their peers through mini workouts over the coming weeks.

In year 1 for Personal Development, we have been discussing what happens when we are unwell and who can help. The class even popped into sick bay last week to check out all of the first aid resources and safety procedures we follow at school.

Year 2 are completing their Life Education booklets 'Growing good friends' which brings together positive relationships, nutrition and physical activity for healthy lifestyles. Over the next few weeks we will be making use of the school vegetable garden and canteen to find out where food comes from and creating healthy and delicious recipes.

For technology this term, year 3/4 are working with their personal google drive accounts to create documents, slide shows, drawings and collaborate amongst peers and teachers. With new changes to Naplan online, we are also aiming to hone in on our typing and computer skills with weekly challenge activities.

Year 4/5 and 5/6 are undertaking science in the library this term. They are very keen to delve into investigations and conduct experiments to learn more about solids, liquids and gases in our environment. **Bookclub**: Thank you to everyone who ordered from issue 7 of BookClub. Orders should arrive back at the school late next week and be handed out promptly.

**Reminders:** Please remember to ensure your child has a library bag to borrow. There are still quite a few students who are yet to return books from last term and even earlier in the year. These need to be returned as soon as possible.

Have a great week, Melaney.







### This week's donations are - Year 2



#### PLEASE NOTE

The school now offers 3 ways to make payments:



**Cash** – return money in the envelope provided with the permission note;

**EFTPOS** – you need to come to the school office to pay – bring signed permission note too;

**POP** – Online payment button found on the Iluka Public School Website – REMEMBER to send signed permission note to school too.



2017 Visiting Artists Series Musicians of the Conservatorium

CONCERT Saturday 28 October 2017 Clarence Valley Conservatorium

8 Villiers Street, Grafton TICKETS \$25 adults.

\$15 concession, \$5 student (U18)

The final concert in the Clarence Valley Conservatorium 2017 Visiting Artist Series is coming this Saturday.

Featuring music performed by Ryan Enns (Guitar), Sharon Davidge (Flute) and Adam Wills (Marimba) the concert will feature music from Latin America as well as dance music written for flute.

Support and celebrate the talented teachers of the Clarence Valley Conservatorium



THANK YOU I.G.A. and MISS ESSERY

George was one of many students enjoying breakfast at school this morning!

The Breakfast Program runs each Tuesday and Thursday at 8.30 under the C.O.L.A.

Many thanks to IGA Iluka for sponsoring the program and Miss Essery for running the breakfasts.



#### Maclean AQUA Fitness

\* THURSDAYS - 12 - 1pm \* SATURDAYS - DWR 9 - 10am

**Maclean Pool** 

\$10 per Class plus pool entry for all sessions



Contact:

REGINA - 0477845930 or 66453222



Iluka AQUA Fitness

\* WEDNESDAYS - 11.30 - 12.30 pm \* FRIDAYS – 2 pm - 3pm

**ANCHORAGE Holiday Park Pool** \$10 per Class





Clarence

WORKSHOPS, EVENTS. INFORMATION, ADVICE, FUN, &...ITS FREE

**Full list of events at** www.clarence.nsw.gov.au/ parentingtoolbox or on council Facebook page @clarencevalleycouncil

- Mighly Me workshops for anxious 10-12yr olds parent/child sewing workshop make a library bag How to talk so kids will listen A stitch in time manage challenging behaviors Manage anger and build resilience for 13-15yr old girls Tour the new headsnace
- Tour the new headspace
- Mindfulness workshop for parents

and more - resources to help with the day to day pressures of parenting.











#### Early Childhood Intervention Information Day

Parents and Professionals are invited to come along and join in one or all of the workshops.

When: Venue: Time: RSVP: Thursday 26 October 2017

Triulsuay 26 October 2017 South Grafton Services Club 9.30am – 2.30pm (whole day) Friday 20 October 2017 on 66431333 or jhobbins@cranes.org.au Parents/Carers – free. Every participant will receive a bag of goodies and information Cost:

Professionals — \$10/session (please pay on the day). If paying by cheque please make out to CRANES Community Support Programs)

Morning tea provided please email any dietary requirements

#### Timetable for the day

9.30am - 11am Whole Group Session

Another Way at Looking at Play, Learning and Behaviour Presenter: Kylie Wilson, Occupational Therapist

Morning tea (provided)

11.30am - 12.30pm Morning sessions (1,2,3,4)

Session 1	Session 2	Session 3	Session 4
Making Mealtimes Fun!	To Wee or not to Wee (in the toilet)	Using visuals for communication and inclusion	Strategies to develop a behaviour support plan
Presenter Tenielle Thwaites Speech Pathologist	Presenter Trudy Wilson Occupational Therapist	Presenter Amie Cole Special Educator / Keyworker	Presenters Jo Hobbins and Aleisha McEwen

12.30pm – 1.30pm Lunch is available in the club bistro

1.30pm - 2.30pm Afternoon sessions (1,2,3,4)

Session 1	Session 2	Session 3	Session 4
What is this thing called "Therapy Support"	Key Word Sign Workshop Learn some KWS signs, includes KWS resources e.g. songs	Looking at Behaviours through an attachment theory	Compassionate Mindfulness Connecting to the Self and others for more harmonious lives
Presenters Trudy Wilson, OT Tenielle Thwaites, SP	Presenter Jo Hobbins Special Educator / Keyworker	Presenter Aleisha Mc Ewen Educator / Keyworker	Presenter Heather Tannock Social Futures

This day has been partially subsidised by Early Childhood Intervention Association, NSW/ACT.

Ph: (02) 6643 1333 Email: eci@cranes.org.au

# Parenting ...

#### Avoid the pitfalls of labelling kids

People are natural labellers. We're quick to categorise others, particularly when they hold different views to ourselves. Terms such as 'racist', 'feminist' and 'socialist' are used liberally at the moment.

The trouble with placing a label on a person is that it stops us from thinking too deeply about what they're saying and prevents us from understanding who they really are. It's hard to see beyond the label.

The same principle applies when we apply labels like these on kids:

"She's the bright one of the family."

"My child is the one on the autism spectrum."

"He's such a naughty kid."

"She's an only child."

"He's shy."

The labels we place on kids can become their defining characteristics. Anyone who has been called 'stupid', 'tanglefoot' or a 'klutz' will know that these tags can become an overriding narrative, remaining well into adulthood. "I'm hopeless with accounts. I was a klutz in maths when I was a kid and I'm still hopeless with figures," is an example of a selflimiting storyline that has its origins in childhood.

Even positive labels can be a burden for some children. Be told often enough that you're the 'smart', the 'good' or the 'responsible' child of the family or class and you've got some lofty expectations to live up to. There's nothing wrong with setting high behavioural or academic standards, but a child's good behaviour or high achievement shouldn't become a badge or label that they always have to wear.

Look beyond the label

Instead of labelling kids, look beyond the label when you talk about them. For instance, when working with a child on the autism spectrum a teacher or coach will need an understanding of the child's condition in order to communicate with, manage and teach the child. But autism shouldn't be the defining characteristic; it shouldn't be the only lens used to

A child is so much more than any condition they have, but being labelled as the 'autistic child', the 'anxious child' or the child with oppositional defiant disorder immediately colours the perception others will have of them, as well as affecting the way the child sees him or herself.

Help kids to define themselves broadly

Many children put self-limiting labels on themselves. A child who defines himself as being stupid because he struggles academically benefits from parents who lovingly point out that there is more to life than schoolwork. Help your kids see the strengths that they have in other areas of life such as making friends or success at leisure activities, along with personal qualities such as loyalty, patience and persistence. In other words, help children see past any labels that they place on themselves.

Label the emotion or behaviour

Just as we should resist calling a child who bends the truth a liar (as it may well become a self-fulfilling prophecy), we should also avoid labelling kids who experience anxiousness in new or unfamiliar situations as 'anxious children'. Being tagged an 'anxious child' gives a child a great excuse to avoid situations such as attending school camp or going to a concert because she feels uncomfortable, nervous or shy. The anxious child tag can stop a child from showing the bravery and courage she needs to overcome nerves, selfconsciousness or feelings of discomfort.

Instead, talk about anxiousness, nervousness and tension – which are emotions that children will naturally experience – while avoiding using the terms as tags or labels. For instance, it's possible to feel anxious without being an 'anxious person'. Labelling the child instead of the feeling can too easily define and restrict kids.

Talk about behaviours that may reduce these feelings, such as planning ahead, practising and mindfulness. This will help kids feel that they have some control over their feelings, whereas being tagged with a label or name negates a child's feelings of control and makes self-regulation more difficult.

Catch yourself next time you're about to stick a label - positive or negative -onto a child. Separate the deed from the doer, the kid from the condition, and focus on the behaviour or qualities that he or she needs to succeed in whatever it is they are trying to accomplish.

#### Mr Bradmore's General Knowledge Quiz

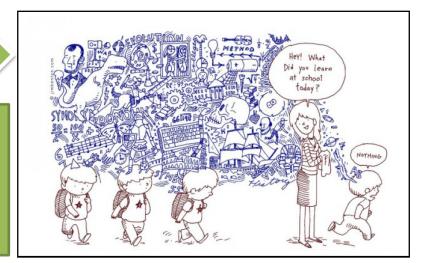
All correct entries will receive a prize. Please hand your completed quiz to Mr Bradmore by Friday 27th October.

- The Qantas' Boeing 787-9 plane touched down last week after its maiden (first) flight. What is the revolutionary plane known as?
  - a. The Streamliner
  - b. The Dreamliner
  - c. The Nightrider
- 2. Which bank is refunding \$65 million to 200,000 customers after a banking blunder?
  - a. NAB b. ANZ c. Westpac
- 3. An outbreak of which infectious disease has taken the lives of over 100 people in Madagascar?
  - a. Ebola
  - b. Bird Flu
  - c. The Plague
- 4. What caused the temporary shutdown of Darwin's greyhound racing industry last week?
  - a. fresh allegations of live-baiting being used in dog training
  - testing showed that a number of dogs had been doped with new performance enhancing drugs
  - c. several dogs had contracted a rare flesh-eating disease
- 5. Which car company shut its last Australian production line last week?
  - a. Ford b. Holden c. Toyota
- 6. Why has British singer Ed Sheeran cancelled his upcoming Asian shows?
  - a. he is having his tonsils removed
  - b. he is suffering from exhaustion
  - c. he broke both his arms in a cycle accident
- 7. Why has the NRL West Tigers coach been in the news recently?
  - a. he donated a kidney to his brother
  - b. he was injured in a road accident
  - c. he was fired due to a disagreement with the board over a contract offered to one of the players
- 8. Which country has Hanoi as its capital city?
  - a. Vietnam
  - b. Thailand
  - c. South Korea

- 9. True or false, according to recent statistics, Australians in regional areas are 90 per cent more likely to die from heart disease than those who live in cities?
- 10. What do Olympians Grant Hackett and Sally Pearson have in common with ten-year-old BMX champion Portia Eden?
  - a. they have all received nominations to become members of The Sport Australia Hall of Fame
  - b. they are part of the Arthritis
    Foundation's awareness campaign and
    they all suffer from the condition
  - c. they are all 2018 Commonwealth Games baton bearers
- 11. Passengers onboard an AirAsia flight to Bali from Perth got a fright recently, why?
  - a. the plane suddenly dropped 20,000 feet
  - b. a bird strike took out two of the engines
  - c. the plane was struck multiple times by lightning
- 12. Why has Victoria's Crown Casino been in the news?
  - a. a fire broke out causing the casino to be evacuated
  - b. they are offering a new babysitting area so people can get their children minded while they gamble
  - c. the casino is being accused of tampering with gambling machines
- 13. The German town of Heide was terrorised recently by rampaging ...?
  - a. wild pigs b. moose c. bulls
- 14. What strait separates Tasmania from mainland Australia?
  - a. Albany b. Bass c. Cook
- 15. Why was the Irwin family in the news last week?
  - a. they revealed that they will all be involved in a new series of television programmes
  - b. they announced they will be selling Australia Zoo
  - c. they announced they will be opening an Australia Zoo in California

#### DOES THIS SOUND FAMILIAR??

It's that time again when we start planning for next year and asking for input from staff, parents and students. This year we are asking 2 simple questions: What do we do well? and What can we improve? Before answering, please consider some of the things we have done or will do this year that have contributed to your child's social, emotional, physical and academic growth.



Swimming, athletics and cross country carnivals

State K/O soccer and Touch games

NAIDOC celebrations

Dance eisteddfod

**School Concert** 

Individual support for reading difficulties

One-on-one occupational therapy.

Premier's Reading and Sporting Challenges

**Maclean Show entries** 

Seniors and CWA community concert

**Easter Hat Parade** 

**PSSA Cricket** 

**Gymnastics**, **Tennis** 

**Big Impact Concert** 

NAPLAN writing preparation

Fathers' Day morning BBQ

Extension work in all classes

Small group reading support with LaST

**Swimming Scheme** 

Canberra excursion

Using iPads in the

Home Reading Journals

Iluka ANZAC service

**Cascade Excursion** 

Fathers / Mothers' day stalls

K-2 Ballina Excursion

Milo Cricket and Touch gala day

Alan Jurd tennis

Young Leaders Year 6 conference

Guitar and singing

Year 6 · Kindy Buddies

Iluka / C.V Spelling Bee

Get Hooked Fishing Program Year 6 farewell

End of Term Activities

NAIDOC Day at Shark Bay / Harmony Day

**CWA Projects** 

Is there anything we have forgotten to add? Please add below.

In the box below, please let us know what you think our school does well.	
In this next box, please write down the things you think we could improve or any suggestions. Please include any ideas as to how you think this may be achieved.	i
In this next box, please write down the things you think we could improve or any suggestions. Please include any ideas as to how you think this may be achieved.	,
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Thanks for your input. If you would like to discuss any of your suggestions please phone the school on 66466149 to arrange a time to come in. Responses, both positive and constructively critical, will be discussed at the next P&C meeting on Monday13th November at 7pm in the school staff room – all welcome.

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