



# Iluka Public School - Newsletter 18

## June 20, 2017

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### Dates to Remember

#### Term 2

##### Wednesday June 21

School Photos  
MHS Transition (Yr 6)

##### Thursday June 22

Small School Spelling Bee  
ICAS Maths

##### Friday June 23

Reports Sent Home  
Whole School Assembly  
**12.15pm**  
G'day Asia Performance  
2pm

##### Monday June 26

Parent/Teacher Interviews  
Chess Comp

##### Tuesday June 27

Discus Event

##### Wednesday June 28

NAIDOC/ Harmony Day  
at Shark Bay

##### Thursday June 29

CWA Presentations  
School Disco 5 - 6.30pm  
Cost: \$5 (includes chips and a drink)

##### Friday June 30

CWA Presentation  
Athletics Practise  
Discus Event  
Last Day of Term 2

##### Tuesday July 18

Students Return

##### Thursday July 20

Colour Run  
Athletics Carnival (Day 1)

**Friday July 21** Athletics  
Carnival (Day 2)

### SPECIAL EVENTS

#### School Photos Tomorrow - June 21

### Principal's News



#### SMILE, SAY CHEESE

School PHOTOS THIS WEDNESDAY from 9.00am

#### NOTE THE NEW TIME FOR THIS WEEK.

This Week: Special Time due to G'day Asia performance starting at 1.45pm.

Whole School Assembly is on at 12.15 pm. Please come along. All welcome.

#### Principal

I always enjoy visiting classrooms. I enjoy hearing what the students are learning at school and taking the opportunity to be back in the classrooms with the teachers and Teacher Aides. The school is is buzzing with lots of learning activities and work being completed. This was highlighted last week when I took a new family (from the Blue Mountains) on a tour of our facilities. It was great to see the work Mrs Howard and her Gardening Club were doing in the gardens and with the chickens. Did you know our new chickens are laying now? We saw Mandy completing some Gymnastics and preparing dancers for the Small Schools , Big Impact concert. I was impressed with Year 4 / 5 and how they are preparing for the up and coming Chess Match against Gulmarrad Public school. I saw the hands on maths activities and class presentations in Year 3 / 4, the dinosaur video making in Year 2, the music and choir being completed in the Year 1 and Kindy rooms, Mr Speirs now settling into supporting students who need a little catching up and the research being completed in the library. It was great to see and I am positive and proud that the visiting family will return to start in 2018.



Our Choir and Verse Speaking Class have been gearing up for their performance at today's Lower Clarence Eisteddfod. I wish all the students and teacher, Miss Essery all the very best. They have been practicing and practicing at recess and lunch times (and at home) under the expert eye and guidance of our music teacher, Anne Commerford. Students have been intent on demonstrating, self control, effort and diligence to present quality performances. Thank you to all families involved for ensuring your child was well groomed and in full school uniform. We look forward to hearing the results.

This week marks the beginning for a new administration system being introduced throughout all NSW Government schools called, the LMBR (Learning Management Business Reform). The Administration Staff and myself begin training this week. You will notice that the office staff will be very busy over the next couple of months as we prepare for the change in systems. There is much to do and much to learn. Thank you in advance for your patience. Training may continue until the end of the year.

As Iluka Public School transitions to the new NSW Public Schools' Finance System, a new bank account commences on 4 September 2017. To ensure a smooth transition, there will be changes to the way we accept payments from parents and carers. Between 22nd August and 8th September, there will be a "blackout" period when no payments can be made. NO EFTPOS payments, NO Cash or cheque payments, NO Online payments, NO payments of any kind can be made during this time. If you have a child going on an excursion in Term 3, please be aware of these blackout dates when ensuring full payment is made. From 22nd August, our school can also no longer accept direct deposits to our bank account.

It is now less than two weeks to go until the end of term. There is still much to do with many activities and events the school is providing for your children. It's important that these events are supported and that all notes and envelopes are returned as soon as possible. Just briefly some of these include, School Photos and the Year 6 Transition to Maclean High School, the Spelling Bee competition, ICAS tests, the G'day Asia performance, a Whole School Assembly at the special time of 12:15pm, Athletics practice, NAIDOC Day, end of term disco and the CWA ladies project presentation on at the CWA Hall.

Over the next two weeks, parents have the opportunity to meet with their child's teacher to discuss student progress thus far. The interviews whilst not compulsory are a wonderful opportunity to support your child's learning. Reports will be sent home on Friday 23 June. Parents are encouraged to arrange an appointment time.



Iluka Public School's Breakfast Program is a school based program food, equipment and guidance and provided by Miss Essery and the Iluka IGA Store free of charge to any student who would like to join other students for breaky. Miss Essery and staff believe the goal of the program is to provide school children with a real opportunity to make the most of their education by starting the day with a warm healthy breakfast. The program runs whenever possible on a Tuesday and Thursday from 8.30 until 8.55 am.



Have you liked us on Facebook yet? Please remember that our school page is used to provide parents with updated information to assist parents and to celebrate student achievements. Earlier last week we had a number of other cancellations (road closures, bus transport problems, athletics practice) due to poor weather. We will always try to notify our community on our school Facebook page as soon as we are aware of any changes which may affect our organisation. We have a fabulous school and we enjoy celebrating the student achievements and keeping our parents well informed.

Just another general reminder to please ensure your children's school uniforms are clearly labelled with their name. We are finding a large number of jumpers not labelled or the label has worn off, so it is difficult to find the correct owner. We appreciate your help with this and also ensuring your children are wearing the correct school uniform. As I have mentioned several times, our uniform is red or grey only (not black or white). Notes need to be written should your child be out of uniform for the day.

As always, our P&C meeting was held at 7pm in the school staff room. We are always looking for new faces to join our hardworking P&C. This week we discussed the Colour Run, Spelling Bee, Sport, and the Book Fair.

Maybe next time we might see new faces attend.

The 5 cent challenge has been most successful with each class contributing to our fundraising cause. On behalf of the P&C I want to say thank you to the parents and students. The tally at the end of Week 2 is on page 3.



## Current 5 cent Tally

K- \$21.25  
 Year 1 - \$25.05  
 Year 2 - \$30.85  
 Year 3/4 \$15.85  
 Year 4/5 - \$39.05  
 Year 5/6- \$22.05  
**Total - \$154.10**



To celebrate the end of term and to raise money for the excursions the school is holding an end of term disco.

We invite all students to join in the fun and to come along.

Wear your happy colours. The disco is on Thursday, 29th June between 5.00 - 6.30pm in the School library. The cost will be \$5.00 which includes a packet of chips and a drink.

## Kindy Class News

**School Photos** - Tomorrow - Wednesday 21st.

Please ensure that your child is dressed in their correct uniform for our class photos tomorrow. Students will need to be punctual and at school by 9.00am, so that they do not miss out on having their photo taken. All photo envelopes are required back at school tomorrow.

**Reports** - On Friday the Kindergarten students will take home their Semester One reports. Please take time to read the grading code on the front of your child's report. An achievement award of **C** and an effort award of **3**, means that your child is working within the expected range for students in Kindergarten.

**Parent -Teacher Meeting** - Next week I will be holding a parent-teacher meeting to discuss your child's learning progress for the first half of this year. Interview timetables were sent home last week and are due back in tomorrow-Wednesday 21st June. A letter confirming our meeting time will be sent home on Thursday.

**Reminders - Please return the following:**

\*Green note - G'Day Asia permission note to attend performance at school. Cost \$2

\*Beige note - NAIDOC Day permission note. Cost \$2

\*Pink note - CWA permission note to walk to the hall for awards and afternoon tea.

\*Blue note - Athletics Carnival permission note to walk to the oval.

**Thank you parents/carers for your quick response in returning the notes sent home.**

Lynne

## Year 1 Class News

**Eisteddfod**- Congratulations to all the girls and boys who participated in the Maclean Eisteddfod verse speaking today. Special thanks to Miss Essery for giving students this opportunity.

**Reports** - Reports will go home this Friday. I am available for appointments next week if you would like to meet with me to discuss the report.

**Reminders -**

\* School Photos - tomorrow (Wednesday)

\* Permission notes - G'Day Asia (\$2), NAIDOC Day (\$2), CWA Afternoon Tea and Athletics Carnival.

Kristy

## Year 2 Class News

Reports will go home this Friday and I will be available for appointments next week if you would like to meet with me to discuss the report.

School Photos are tomorrow so if everyone could come to school looking slick that would be great.

(Wednesday)

Permission notes - G'Day Asia (\$2), NAIDOC Day (\$2), CWA Afternoon Tea and Athletics Carnival.

Friday Whole School assembly our class will be presenting an item at 12:15. I hope all parents can attend.

If not I will post the video on our class dojo.

I hope everyone has a great week.

## Year 3/4 Class News

Hi everyone, busy,busy,busy

**Dojos** The class are working really well and are beginning to self regulate, so the current merit for Dojos have now become expectations. For example ( on task) all students should be on task. We are currently discussing goals for next term and will revise the attainments the for next semester.

**Reports** - Reports will go home this Friday. I am available for appointments next week if you would like to meet with me to discuss the report.

**Reminders -**

**School Photos - tomorrow** (Wednesday)

Permission notes - **G'Day Asia (\$2), NAIDOC Day (\$2), CWA Afternoon Tea and Athletics Carnival and Spelling Bee**

Bek

## Year 4/5 Class News

Good Morning,

**School Photos** are on Wednesday this week. Children need to be in their full school uniform and be at school by 9am.

Congratulations to all students who competed in the **Grafton Dance Eisteddfod**.

The **Maclean Eisteddfod** is on today. It is a great opportunity for the children involved. A big thanks to Miss Essery for making it possible.

**Reports** will be handed out on Friday.

As I will not be at school in week ten due to a professional learning opportunity, I will hold **interviews** for those interested on the first week back in term three. If you wish to discuss your child's progress, please contact the office to make an appointment.

The **Small Schools Spelling Bee is on Thursday**. We wish Elana, Olivia, Eddie and Cameron the very best. Our class will be walking to the hall to offer support to these students. Please ensure that permission notes are returned in time. Thank you.

**G'Day Asia (\$2)** is on Friday.

**School Chess Team** to play Gulmarrad Public School at Gulmarrad next Monday 26th June. It should be very enjoyable.

**NAIDOC Day (\$2)** is on Wednesday Week 10.

**CWA NEPAL Afternoon Tea** is on Friday Week 10.

Have a great week. Cheers John.

## Year 5/6 Class News

Hello all,

A very busy term continues.

**Eisteddfod**: in Maclean was today. Well done to all the competitors and a special thank you to Ms Essery for your effort with the senior children and the choir. We have some beautiful voices in 5/6.

**Nepal**: projects have been collected. Congratulations to all children that completed a project. You have the opportunity to attend the day with the CWA ladies.

**Reports**: will go home this Friday. If there is anything you would like to discuss with me please arrange a time.

**School Photos**: will be taken tomorrow.

**High School Transition**: for Year 6 students is on tomorrow. It is our second visit to the high school and is a beneficial time for our senior students.

**G'Day Asia**: is also on Friday. This performance is excellent value being only \$2.

**Naidoc Day**: is next Wednesday and notes plus \$2 need to be returned.

**Athletics Practise**: has started for all. Permission notes for the carnival need to be returned.

**Small Schools Spelling Bee**: is this Thursday. We wish Elana and Olivia all the best for this competition. We will be going to support the students from our school.

**Year 6**: to attend a ceremony out at main wall to lay a plague with the history group in town. This will be next Thursday and the children have a note with details.

Yes, lots happening! Di

## Naidoc Day / Harmony Day

Next Wednesday the 28th of June, the whole school will travel by bus to Shark Bay for Naidoc Day. As Harmony Day was postponed earlier in the year, we will also be having our annual multicultural lunch on this day in honour of Harmony Day. Therefore, each family is asked to supply a savoury or sweet plate of food for the students to share at lunch time. Some popular ideas from past years have included: croissants, rice paper rolls, sandwiches and wraps, rice and pasta dishes, mini quiches, chicken wings, crepes, cookies, fruit, lamingtons, cakes and tarts. As we will be out at Shark Bay, we will not be able to heat any food so please only send food items that can be eaten cold. There will be large eskies with ice provided in order to keep all food cold until lunch time. Each student will also need to bring a plate or bowl and a fork and spoon in a plastic bag. There is no water supply at Shark Bay so please ensure your child has enough water for the entire day. They do get quite thirsty while participating in the games and activities that are planned. All permission notes and the \$2 payment need to be returned as soon as possible to ensure your child can attend. There will be no staff at school on this day. Stacey.


## P&C News

Iluka Public School is hosting the Lower Clarence Spelling Bee on Thursday at the Iluka Community Hall. I am looking for donations of home baked goods to be served for morning tea. Donations can be dropped off at the tuck shop before 9am on Thursday. I also need a few volunteers to help out on the day. If you can spare a few hours to help serve tea/coffee and morning tea, please contact me on 0412 77 99 65.

Keep those 5 cent coins coming. There is still this week and next week to go before our winning class is announced on the last day of term.

I hope all students received their Sponsorship Forms for our Colour Fun Run and have started collecting sponsors. Quite a number of students have signed up for online fundraising which is great. Keep collecting those sponsors to claim your prize!! The date of the Colour Run has now been changed to run in conjunction with the athletics carnival on Thursday, July 20. Parents/Carers are also invited to participate in our Colour Run for a \$10 entry fee.

Have a great week  
Miss Lisa



ASSEMBLY

CLASS MERIT AWARDS

Congratulations to the following students:-

**Kinder:** Claire, Alby, Jaylen, Navara and Indigo

**Yr 1:** Zyra, Taya, Scott, Paige, Eli, Bella, Jess and Eva

**Yr 2:** Oceane, Sariah, Emma, Kiani, Jack and Noel

**Yr 3/4:** Tylar, Mythias, Harlem, Steven, Grace, Ky, Hudson and Emjay

**Yr 4/5:** Hayden, Alice, Dakota, Katelyn, James, Luke, Riley, Jack, Cameron and Xavier

**Yr 5/6:** William, Taylor, Joel, Brendan, Justyce, Molly, Lachlan, Tiarna and Millie

**PRINCIPAL'S AWARDS:** Millie



**Roster Term 2**

**Friday 23/06/17**  
Sandy, Mark,

**Monday 26/06/17**  
Cass M, Deb T, Christine D

**Friday 30/06/17**  
Sandy, Mark, Karla

***This weeks donations***  
***Year 2***

**Karla: 0405 638 768**  
**Cassandra: 0413 044 405**

## CANBERRA/SNOWY MOUNTAINS EXCURSION PAYMENT PLAN

**31st July - 4th August**

COST \$495 PER STUDENT

STAGE	COMPONENT	DATE DUE
Deposit	\$50 (confirmation)	08/03/2017
Payment 1	\$100	19/05/2017
Payment 2	\$100	02/06/2017
Payment 3	\$100	16/06/2017
Payment 4	\$100	30/06/2017
Payment 5	\$45	21/07/2017



## CASCADE EXCURSION PAYMENT PLAN

**22nd August – 25th August**

COST \$130 PER STUDENT

STAGE	COMPONENT	DATE DUE
Deposit	\$50 (confirmation)	07/04/2017
Payment 1	\$50	26/05/2017
Payment 2	\$30	23/06/2017



**2017  
Dance  
Eisteddfod**



## Mr Bradmore's General Knowledge Quiz

All correct entries will receive a prize. Please hand your completed quiz to Mr Bradmore by Friday 23rd June.

- What was the name of the apartment building where a tragic fire took hold in London last week?
  - Grenfell Tower
  - Hampton Tower
  - Brayling Tower
- True or false, Rebel Wilson has lost her legal defamation case over a series of magazine articles she claimed ruined her career?
- How much compensation is being paid to asylum seekers who were held on Manus Island between 2012 and 2016?
  - \$20 million
  - \$35 million
  - \$70 million
- What is the name of Microsoft's new gaming console?
  - Xbox NXT
  - Xbox Xtreme
  - Xbox One X
- In which country was an ABC news correspondent injured by gunfire while covering a story?
  - Philippines
  - Syria
  - United States
- Which mode of transportation is celebrating its 200th anniversary?
  - trains
  - bicycles
  - cars
- Which tennis player won the 2017 French Open title?
  - Rafael Nadal
  - Stan Wawrinka
  - Novak Djokovic
- Australia's Deputy ATO commissioner has resigned after police charged him with fraud. What does ATO stand for?
  - Australian Transport Officials
  - Australian Trade Organisation
  - Australian Taxation Office
- Ten Network has been suffering financial difficulties and has entered voluntary administration. Which year did Ten start?
  - 1940
  - 1964
  - 1982
- Why was a Bat-signal projected on the tower of Los Angeles Hall in the United States last week?
  - to promote a new Batman movie which will be released in September
  - it was a tribute the first Batman who died last week
  - to promote a new range of Batman Lego
- Which of the following items recently fetched more than \$20,000 on eBay, with proceeds going to charity?
  - Malcolm Turnbull's Rolex watch
  - Cate Blanchett's costume from the Lord of the Rings movie trilogy
  - Schappelle Corby's parole papers
- Why did a China Eastern Airline flight from Sydney to Shanghai have to turn back an hour after take off?
  - a hole opened up in one of the engines
  - one of the pilots passed out
  - one of the passengers became hysterical and was demanding to get off the plane
- What does fashion designer Collette Dinnigan, actress Cate Blanchett and the head of Qantas Alan Joyce, all have in common?
  - they are all vegetarians
  - they were all in this year's Queen's Birthday honours list
  - they are all twins
- The increased threat of terrorism and an increase of illegal guns into the community have led the Government to establish a national gun amnesty where illegal or unregistered guns can be handed in with no questions asked and no prosecutions. How long will the amnesty run?
  - three days
  - two weeks
  - three months
- Who is Otto Warmbier and why has he been in the news recently?
  - he is a Russian computer hacker charged with interfering with the US Presidential election
  - he is an Australian scientist who has developed a bionic mouth for mouth cancer patients
  - he is an American university student who has been detained for 17 months in North Korea

# Parenting *ideas*

## **Anxiety in Primary School Kids**

By Dr Jodi Richardson

*Anxiety affects people from all walks of life, and lots of kids have it. If that's what's happening in your family, your little one is lucky that you know, care, and are seeking answers.*

### **How can I help?**

Spend regular quiet time with your primary schooler to foster a loving and open relationship while giving them time to share with you their thoughts, fears and worries. You can also help immensely by remaining calm under stressful situations (I know – easier said than done sometimes!)

If you think your primary schooler is experiencing anxiety, talk about it and go together to see your GP and have a conversation about what's been happening.

Teach your child about anxiety so he/she knows what underlies the thoughts and feelings. I highly (*highly*) recommend *Hey Warrior! A book for kids about anxiety*, by Karen Young. Anxiety is not nearly as frightening when you understand why.

Because breathing becomes shallow and fast with anxiety, a simple yet incredibly effective way to show the amygdala that everything is okay is to take deliberate, slower breaths (in for 3, hold for 1, out for 3). After all, no-one can do this when their life really is in danger!

Mindfulness is a superpower for the anxious brain (any brain in fact!) and there are lots of great ways to help kids practice mindfulness. One fun game is lying on the floor, eyes closed and asking them to tune into their 'Spidey Senses', listening carefully for any sounds near or far, feeling any sensations under their hands and body and smelling for any scents in the air. Mindfulness reduces the size of the amygdala among other incredible changes in the brain.

If they are worrying about things over and over in their minds – let's say it's about presenting to their class – instead of saying, "You'll be fine, I've heard your presentation, it's wonderful," or, "Don't worry, all the other kids will be nervous too," or similar, try this instead: "I understand how you're feeling, that's so normal. I'd feel the same way; is it helpful to keep thinking about it?" No! "Okay, then let's focus our attention on something we can do to help, like practicing more, making cue cards or going outside to bounce on the trampoline." They need to know that you understand, that you 'get' it, and that they're not alone.

"Is it helpful?" is a great question (when asked compassionately), followed up with asking your child what they can do that will help the situation, or engaging him/her in something meaningful and enjoyable, making a positive step forward.