



Iluka Public School Newsletter 7

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Principal's Message

P & C MEETING THURSDAY 12 MARCH @ 7PM ALL WELCOME

Dear Parents / Carers

Parent /Teacher Interviews

For term one, parent/teacher interviews will be conducted for students in Years 2-5 with the morning literacy and numeracy teacher rather than the classroom teacher. They are;

Kindergarten – Miss Essery

Year 1 – Mrs Gardner

Year 2 – Ms Anderson/Mr Bradmore

Year 3 – Mrs Cunningham

Year 4 – Mr Jones

Year 5 – Mr Melrose

Year 6 – Mrs Howard



Students in Kindergarten, Year 1 and Year 6 have the same classroom teacher as for these morning literacy and numeracy sessions. The focus of the meeting will be on spelling, writing, maths, morning routines and homework. Parent/Teacher Interviews are a great way to find out how your child is going and to show interest in your child's learning and school life. The interviews are short meetings, about ten minute's duration. Every parent is invited to attend and it doesn't mean there are any problems with your child's learning. Your child will bring home a note that outlines the available times. If these times are unsuitable, please call the school to arrange an alternative time. Also, if you would like to request an interview with your **child's classroom teacher**, please call to schedule a mutually convenient time.

Parent/Teacher Interviews give you a great opportunity to –

- ◆ Learn more about your child's academic, social and emotional development
- ◆ Meet and get to know your child's literacy and numeracy teacher
- ◆ Help the teacher understand more about your child
- ◆ Make plans with the teacher about how you can both support your child

Attending the meeting is also one way to show your child that you are interested in his/her learning needs and about what is happening for him/her at school. It is a chance for you to raise any concerns with the teacher if you haven't done so already. Look out for a separate letter going home in the coming days.

Canteen

The canteen co-ordinator has noticed students asking for money from other students in order to buy ice-creams. Please help the canteen volunteers and staff by telling your child not to give or ask others for money.

Wednesday 11 March

Year 6 MHS Transition Day

Flex and Point

Thursday 12 March

P & C Meeting @ 7 pm

Friday March 20

Harmony Day

Young Leaders

Conference @ Brisbane

Monday 23 March

Parent-Teacher Interviews

Wednesday 25 March

Eat it to Beat It Workshop @ 9.15 am

Flex and Point

Thursday 2 April

Cross Country

Last Day of Term 1

Monday 20 April

Staff Development Day

Tuesday 21 April

First day of Term 2

Canteen Duty
Monday 16 March

Sam and Gladys

Sporting Achievements

Congratulations to our sporting teams who participated in a number of competitions last week. All of our representatives performed very well at the North Coast PSSA Swimming Carnival with the majority claiming personal best times. Evan Bryant produced an outstanding performance, gaining selection to represent the North Coast at the State Swimming Championships. We wish Evan all the best.



Our tennis team played in the PSSA tennis knockout last Thursday at Grafton, narrowly being beaten by Westlawn Public School by only one set. Congratulations Caleb, Amelia, Mila and Josh on your outstanding efforts as well.

"No Hat, No Play"

A reminder to all of our students that we have "No Hat, No Play" and "Hands Off" rules operating at school. We have very high standards at Iluka Public School and students are expected to follow the policies at all times. All students actions are dealt with consistently and fairly.

Vegetable Garden

A big thank you must go to Mr Tom Howard who has spent the majority of his weekends the last month pottering in and working on the vegetable and fruit gardens. His efforts now have this important area of the school looking beautiful, healthy and a lovely place to work. Thanks Tom, your efforts are much appreciated.

2015 Textbook Fee

Current and outstanding student fees are now due for payment. Fees may be paid in full or by instalments through-

out the year. Payments can be made by cash, cheque or direct deposit. Invoices will again be sent home shortly.

Year 6 Transition Day

The first Year 6 Transition Day is scheduled on the school calendar for Wednesday 11 March. Mrs Howard will be taking the students for the day. Students have been placed into one of eight groups completing a range of exciting activities. Full school uniform should be worn.

Phil Bradmore

Kinder Class News

Parent-Teacher Meeting-In week 9 of this term, I will be holding individual parent-teacher meetings to discuss your child's results in the Best Start literacy and numeracy assessment, held in week 2 and week 3 of this term. A note will be sent home this week outlining dates and times available for these interviews.

Sound of the Week-This week Kindergarten students commenced learning letters and sounds. The focus letter and sound for this week is **m**. Students are learning how to correctly write the letter, make the sound for **m** and be able to recall words that start with the sound **m**.

Electronic Devices-This week some tablets arrived at school in student's bags. As these items are too expensive and valuable, I would appreciate it if these items could remain at home.

Home Reading Target-Students should have read for a **minimum of 27 nights**.

Lynne

1/2 Class News

Hello everyone,

Welcome to our new student Mythias. We hope you settle in quickly and enjoy your time at IPS. Thank you to the parents who attended the class meeting last week or made an apology as they were unable to attend. All students have since taken home an information sheet outlining the points that were discussed. If you have any questions, please call in and ask.

Of most importance - if your child is absent from school, a note briefly explaining the absence must be sent in. Also, if your child arrives after class has commenced, they must go directly to the office to sign in. This is also the case when leaving early. Rolls are an important, legal document and accurate records must be maintained. Thank you for your assistance.

Head lice has been reported by a number of parents in our class. Please be vigilant in checking your child's hair and treating when necessary.

Remember - library is on Thursday and homework (Year 2) and home reading journals are due on Friday.

Have a lovely week, Kristy

2/3 Class News

Hello Everyone

We have another great week ahead of us here in the Year 2/3 classroom. There are currently a number of interesting and exciting learning experiences taking place in our fabulous room and it is very rewarding to see the students actively participating in these valuable learning opportunities.

Firstly, we were all amazed upon our return to school yesterday to discover that our sunflower seeds had already sprouted. In only a few short days they had gone from seeds to lovely green sprouts. These will be planted in the garden in the future where we will be able to observe them growing into beautiful sunflowers.

In art this week we are continuing to work on our 'Van Gogh' inspired Autumn landscapes. I can already see that these artworks are going to look spectacular once they are completed and I am looking forward to displaying them in the room. Today the students in my class were given the valuable opportunity to work with Mrs Howard in the school gardens. She has a wealth of knowledge in this area and we were

very lucky to learn about various aspects relating to sustainability and the importance of these aspects.

We started revising the eleven times tables yesterday and already the majority of the students are able to instantly provide the correct answers when asked. I am very pleased with their progress and we are definitely on track to reach our class target of learning all of the tables by the end of this year.

Most of the students in my class are also on target to reach 50 nights of home reading by the end of Term 1. Please continue to read every night.

I will be sending notes home to my Year 2 students this week in regards to Term 1 parent-teacher interviews. These interviews will be conducted individually. There will be various time slots made available to you, therefore, I would truly appreciate it if all parents/carers could make the effort to take up this opportunity. By working together we have the potential to greatly enhance your child's education.

Homework is due on Friday.
Library day is on Tuesday.
The Word of the Week is 'deciduous'.

Have a great week,
Stacey.

3/4 Class News

Hi everyone!

I am really happy with the overall progress the students are making. There has been a significant improvement with the submission of Home Reading Journals. Please remember Home reading journals are to be submitted on Wednesday.

Interviews to discuss your child's progress will be held in week 9. Together we can work out ways to better help your child reach their potential and at the same time enjoy school. Notes will be sent home shortly.

Last week I attended a course in Coffs Harbour which was about the Brain and Movement. Movement can greatly impact on a child's ability to learn. Movement stimulates neurons/electrical wiring that facili-

tate information processing and learning ability. Researchers found a pathway from the cerebellum to parts of the brain involved in memory, attention and spatial perception. So, the part of the brain that processes movement also processes learning. I found this really interesting. I am starting to integrate physical activity in with our learning.

Cheers Bek

4/5 Class News

Hi all,

Welcome to Caleb Wilcock, a new student in Year 4. We wish you a very successful year.

I will soon be sending notes home with my Year 5 students to arrange for **interviews in week 9** to discuss your child's progress.

The class have been doing **dance** with Mandy and having a great time.

The '**times tables**' are generally improving but more attention is still required. Keep up the good work.

Congratulations to the students who have recently received a **pen licence**. Other students are almost there as well. Good to see.

Home readers are going well. Keep up the focus.

Have a great week.
Cheers John

5/6 Class News

Welcome: to Kody Trigg, a year 6 student joining our class. We hope you settle in well.

Year 6 Transition to High School: is this Wednesday. The children have been split into groups and will participate in 2 classes each visit. We will have an early lunch and leave at 11:15, returning by 3pm.

Dancing: with Mandy on a Wednesday is going well. The children applied some real effort and creativity last week. Good work 5/6.

Maths Test: the Yr 6 children had a maths test last week and have it to

show you (as requested at our class meeting). They will be collected and put into their files. It was based on class work that we have been covering over the last month

Congratulations: to Evan in qualifying to represent the North Coast at the State Swimming Championships to be held in Sydney in a couple of weeks. We are very proud of you. Go champ!

Speaking topic: for week 8 is constructing an item out of recycled materials and explaining to the class how you made it and what was used. Children may work with a partner or go solo.

Have a happy week. Di



Library/Technology News

Library borrowing is going well and most students are remembering to bring their books, however many keep forgetting to bring their library bags. I have been very lenient towards library bags and have been giving out plastic bags to support students borrowing books, but I am running out and they will not be allowed to borrow if they do not have their library bag.

All students have started planning their projects and will be writing their scripts and hopefully start filming next week. I am very excited to see how their final projects turn out as there are some great ideas forming at these early stages. I expect a very productive and busy end to the term on the technology side of things.

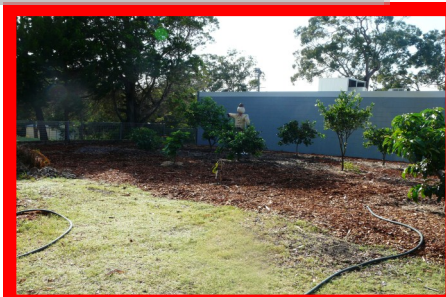
Garden News

We had all the vegetable gardens planted and were looking forward to

seeing everything start taking off with all that beautiful rain and humidity. Unfortunately, our friendly bunnies around the school had other plans for the vegie patch and had the most delectable midnight feasts up there. They managed to eat about 80% of the newly planted beds. BUT we will fight back! So a fence has been erected (thank you Mark) around the vegetables and more seedlings purchased. Re-planting has occurred and we are ready for "take 2". They seem to be going along ok.

Don't forget to drop your vege scraps into the chickens as they really like them.
If you have any bits and pieces to go into the horticultural area it would be greatly appreciated.

Watermelon slices: on sale on Thursday at recess. 50 cents a slice. Watermelons are from the garden. Proceeds will go towards the purchase of another fruit tree for the orchard.



Harmony Day

The school is celebrating Harmony Day on Friday 20th March. Harmony Day involves learning about, acknowledging, respecting and cultivating the various cultures within our nation. Students are encouraged to wear **ORANGE** (or a similar colour) clothing to show their support as this is the colour to represent harmony (and is also the colour of World Vision). To wear orange, it will cost students a gold coin donation. Other activities happening within the school include lessons with classroom teachers. The highlight of this annual event is always the multicultural feast at lunch time. Parents are asked to prepare and send along a dish with a multicultural theme to share (sweet or savoury). Some ideas include: spaghetti bolognese, pizza, tacos, nachos, hot dogs, lamingtons, pavlova, profiteroles etc. If all families are able to supply a tasty treat from another

country to share, it would be much appreciated and enjoyed by the students. These will need to be dropped in at the tuckshop on the day.

To coordinate the heating of food, serving and cleaning up after the event we will require volunteers. **If you are able to assist on the day, please let Mrs Gardner know.** So far, we do not have enough helpers to ensure the feast can go ahead. Don't forget to send a plate, knife and fork in a bag for your child. All funds raised through Harmony Day will be used to continue our sponsorship of Fredy, our World Vision child from Ecuador.

Easter Hat Parade

We will be holding an Easter Hat Parade this year on the last day of the term. It will commence after lunch, 2:15 on Thursday, 2nd April. Parents are invited to come along for the parade. Just a little bit of notice so you have some time with those wonderful creations!

School Banking

A quiet banking week this week with 33 bankers but still a great effort – well done.

Congratulations Reef Speirs -Student Banker of the Week

Students that have ordered rewards - they should be here next week.

Remember banking is FRIDAY

Jess Edie

66457573

Canteen Roster

MARCH CANTEEN ROSTER

MONDAY 16 MARCH	SAM CARLON, GLADYS HUNT	Year 5/6 to donate home- made goodies
MONDAY 23 MARCH	DANIELLE BRY- ANT, BEC DUNN, LORRAINE THREL- FALL	Kinder to donate home- made goodies
MONDAY 30 MARCH	KYLIE KERR, DOM HORNE, KELLY CLARK	Year 1/2 to donate home- made goodies

Eat It to Beat It

A free workshop run by The Cancer Council on healthy eating will take place on Wednesday 25 March from 9.15–10.45 am at the school. All welcome.

Parentingideas

7 ways to help you be on top of your parenting game

Effective parents equip their children with the skills, know-how and values they need to stay safe and be successful. These seven ideas will help make sure your parenting reflects the times in which we live.

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Everyone wants to be the best parent they can be, yet it can be confusing knowing just what to focus on. Here are seven ideas that reflect current trends and needs and will help you be on top of your parenting game:

Give the gift of restraint

At a time when kids receive so much it's easy to forget that restraint is a virtue. Just because you can afford to give children and young people what they want, doesn't mean you should. Differentiate between a want and a need, and encourage restraint, goal setting and saving.

Build your developmental knowledge

Lucky you have two eyes, as you need to keep one parenting eye on meeting kids' current needs and the other on preparing them for the next stage of development. If starting or leaving secondary school is a year away then start thinking now about how you can make sure your child or young person is ready for the next phase of their life.

Reinforce self-regulation

"You waited your turn! Great stuff!" "Thanks for packing away the toys without being told." "Good on you for staying in bed when you woke up rather than coming to our bedroom and waking us up. "

A child's ability to self-regulate behaviour (like the ability to self-soothe and self-occupy) is highly underrated, and doesn't come naturally to all kids. That's where consistent parenting using visual management and behavioural consequences comes in.

Practise digital parenting

The most tech-savvy generation ever raised needs digitally-aware parents. The internet is fun and it's here to stay, but it can pose risks for some kids. Digital parenting means providing guidelines for safety without limiting children's opportunity to learn and communicate in the online world. It also requires you to understand the digital world that your kids inhabit.

Develop character strengths in kids

Recent studies (most notably the work of US-based Angela Duckworth) have found that character, not cognitive ability, is the single most reliable determinant of how a person's life will turn out. The traits associated with success include the inclination to persist at boring or difficult tasks (grit), the ability to delay gratification (self-control) and the ability to follow through with a plan (conscientiousness).

Practise reciprocity

The best families, like the most meaningful communities, are built around the principle of reciprocity. "We help each other out and we treat each other fairly" builds belonging and forges greater kinship between siblings. Start by getting kids of all ages to help out at home without being paid.

Encourage social risk taking

One in three children are risk-adverse when it comes to meeting new people and entering new social situations. Social media removes risk for these kids, yet it's not the answer. Use a variety of strategies ranging from scaffolding (baby steps), practising meeting and speaking to new friends and modelling social risk taking yourself to encourage kids to continually refresh their social networks.

Pick one or two of these ideas, or your own parenting idea, to focus on over a month. Once you've mastered one idea then move on to another, so that you are constantly improving and being up-to-date as a parent.

Iluka Playgroup



Yes, the Iluka Playgroup is starting up again!

We're having an open day to welcome families back to this wonderful support service. If you are the parent or carer of a child aged newborn to school age, we'd love to see you on the day.

The Iluka playgroup meets every Monday 9.30am till 11.30 during term time.

Joining a playgroup provides a great opportunity for mothers, fathers and carers to develop friendships, share experiences and ideas and to become part of a vital support network.



Remember, no child is ever too young to benefit from playgroup. Babies love new experiences and benefit by developing sensory, social and communication skills, all while having fun.

OPEN DAY!

When: 9.30-11.30, Monday 16th March, 2015

Where: Iluka Community Preschool

Bring: A plate of food to share



There'll be free face painting for the kids, as well as a bouncy castle.

For more information, please contact Melissa on 66 466 009, 0428134065 or melissa@wordtree.com.au

Music Lessons

Private lessons in piano, singing and ukulele are available at the school each Thursday through Anne Commerford from the Maclean Music Academy. Individual and small group lessons are available. Group lessons are for singing and ukulele only. If your child is interested please phone Anne on 0458 140355.

Yamba Dance Camp

From Hip Hop to Bollywood, try one or try them all!

Dance Camp Yamba: 6-10 April 2015

Bookings Essential at www.fortheloveofdance.com.au

Lost and Found

2 x plastic drink bottles – 1 medium clear and red, 1 small Sistema rectangle

1 x small rectangle Décor container lid

If these are your items, please collect from the Year 2/3 classroom

ILUKA PRESCHOOL FUNDRAISER NIGHT

"The Bodyshop at Home"

The Iluka Preschool will be hosting a "Bodyshop Party".

Where: Iluka Preschool

Date: Friday 20 March

Time: 6 pm

All Welcome

Please come along and bring friends and family. It will be fun night out for the ladies. BYO drinks and please bring a plate of nibbles to share. Lucky door prizes and hundreds club drawn on the night.

Phone Jasmin for more information: 66 464 057.



ANZAC DAY

EXPRESSION OF INTEREST

My child and I are interested in sleeping overnight in our tent to help celebrate the 100th Anniversary of the landing of Gallipoli. We will attend the dawn service and participate in the RSL barbeque before also walking the school's traditional ANZAC ceremony at 11.00 am

Name: _____

BCU YAMBA HOLIDAY SPORTS CAMP

2015



The 2015 BCU Yamba Holiday Sports Camp is on this April. Sports to be played will include: tennis, (racquets available), basketball, futsal, volleyball, netball, table tennis, and finishing with swim & Sausage sizzle on Thursday & of course the mini gymnastics with Clarence Coastal Gymnastics. Canteen facilities available at pool & indoor centre. Venues to be used: Yamba Swimming Pool, Tennis Courts and Raymond Laurie Sports Centre. Lots of prizes including BCU bank accounts to be won!!!

When: Tues 14th, Wed 15th, Thurs 16th APRIL

Where: Pool Tennis Courts Angourie Road, Yamba

Time: 9:30am-1:30 pm

Cost: \$100 (Day rate \$40)

Organised pick-up from 8:45am Iluka ferry, returning 2:30pm ferry Yamba. Any further inquiries please phone Alan on 0416016775.

Return Form

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Easter Holiday Camp 2015 BCU

Please circle one of the following categories and if swimming:

K – Grade 2

2. Grade 3 - 5

3. Grade 6 - 8

Swimming YES or NO Photographs YES or NO

Please note: pool fully supervised with lifeguard.

Complete and return permission slip with payment by Sat 11th April.

Name: _____ **DOB:** _____

Email: _____

Mob: _____

All cheques and monies payable to Alan Jurd Coaching.

Bank details: NAB Bsb: 084 730 A/C 83 489 1700 Po Box 270 Yamba NSW 2464

Email form back to alan.jurd@bigpond.com / mb: 0416 016 775