



Iluka Public School Newsletter 22

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EDUCATION WEEK 3/08/2016



Term 3 Events

Wednesday August 3
Education Week

Wednesday August 3
Fete Meeting
3pm on Brown Tables

Thursday August 4
Small Schools Athletics
Iluka Oval

Friday August 5
Bryon Bay Writers
Festival in Maclean

Thursday 1 September
Kindergarten 2017
Parent/teacher
Information Night

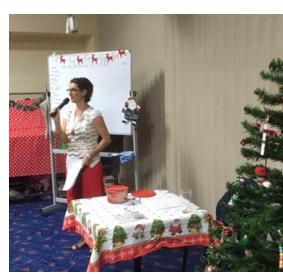
Principal's News

Dear Parents/Caregivers,

Last week at Iluka Public School can only be described as another successful busy week. The Senior Assistant Manager and myself were involved in professional learning courses. Topics covered included reading financial reports, how to make a budget and managing financial resources of the school. On Tuesday night an excellent crowd attended the P&C meeting. I can only encourage any member of the school community to come along to take a look and see if they are interested in joining this enthusiastic group. Thursday saw Miss Essery our fabulous kindergarten teacher, attend South Grafton Public School. She came back with a few ideas she may implement in the future. Friday was a big day for all students as they competed in the 2016 Athletics Carnival. The canteen was in operation and I want to thank Karla, Kylie, Lisa and parents for their contribution and energy during the day. I'd also like to thank the many parents and community members who came along to watch all the students participate. I would like to give a big thankyou to the staff for again giving all their energy into ensuring the carnival was a success for the students.



To wrap up the week, on Saturday night the "Christmas in July Trivia Night" was held at the Iluka Bowling Club. Thankyou to Leah and Chris Speirs and the P&C for such a wonderful night. Over \$1400 was raised. This will help cover the costs of transporting the students of stage 2 & 3 on their excursions this semester.



Week 3 (this week) will be Education Week. As we celebrate public education with the theme of "Shared stories, better learning, stronger communities." To celebrate Education Week at Iluka Public School we will be holding an Open Day on Wednesday 3 August commencing at 11.30am. We hope to see lots of parents and grandparents at school on the day. In keeping with the theme, perhaps some parents and grandparents can share some of their own education stories during the whole school assembly.

11.30am	Welcome to Country
11.35am	Opening Address by Principal
11.40am	Choir & Verse Speaking Presentations
11.55am	Whole School Assembly
12.40pm	Visit Classrooms
1.00pm	Lunch with Students
1.30pm	Book Fair in Library
1.45pm	Book Character Parade
2.15pm	Conclusion

Maths Olympic Day - To celebrate the 2016 Olympic Games being held in Rio de Janeiro, Brazil on Friday 12 August students will be participating in a variety of maths/sporting events. Each group will be assigned a country. More information will be sent out soon.

Rule of the Week - As part of the schools review of its Wellbeing/School Rules Policy, this week we are focussing on *Appropriate Playground Behaviour*. We will be discussing sportsmanship, when & where to play, how to get along with your peers and who to go to when students need assistance.

Small Schools Athletics Carnival—Congratulations to the 55 students who will be competing against the best athletes at the Small Schools Carnival being held on Thursday 4 August. Permission notes have gone out on Monday . We wish you all the very best and we are proud of you.

Kindergarten 2017 - It is great to see around 18 names on our books for Kindergarten 2017. If you know somebody who is coming to school next year please send them to the school. The Kindergarten Orientation Day will be on Thursday 1 September starting at 5.30pm.

Coming Events - Friday 5 August Writers festival at Maclean Public School. All tickets to this event have been sold. Thursday 1 September Kindergarten 2017 Parent/teacher Information Night.

Practicum Teacher - Iluka Public School warmly welcomes Mr Lew Kollmorgen, a Practicum Teacher from the University of New England. Mr Kollmorgen will be teaching on the Year 5/6 Class.

New School Counsellor - This term we welcome a new School Counsellor to Iluka Public School, Mrs Glenys Gardam. She will be working at school most Tuesdays with students who may have academic or wellbeing needs. Mrs Gardam also meets with the Learning Support Team to discuss any referrals from teachers or parents for students who need extra support.

Tennis Clinics - Students from Kindergarten - Year 6 will again recommence free tennis clinics provided by Alan Jurd and the Sporting Schools Program. The students are having great fun completing drills and playing games to develop their skills and understanding of playing tennis.

Town Library News - To help celebrate Book Week at the Iluka Town Library, a new event is taking place. A colouring competition is being held. Please pick up an entry form from Jacqui at the library. There are 3 age categories. Entries are due back Friday 19 August.

School Photos - School Photos for 2016 have just arrived. I shall send them to the classes and they will go home this afternoon.

Have a great week
Phil

Class News—Week 3 Term 3

Kinder Class News

Sickness-Student numbers have been down and at one point there were only 10 students out of 20 in class, which has greatly impacted on our learning this term. Hopefully we will have all students back soon, fit and healthy.

Education Week-This week is Education Week. Our school is holding special events tomorrow Wednesday 3rd August to celebrate public education. There will be a whole school assembly from 11:50am to 12:30pm. Classrooms will be open from 12:30pm to 1:00pm and the Kindergarten students are keen to show and talk about their work, take parents on a tour of our class garden and bush tucker grove, as well as visit the book fair in the library. Lunch will follow from 1:00pm to 1:40pm and to complete the school activities there will be a book character parade. All are most welcome to attend.

Science-Our unit of study for this term is 'Weather In My World'. The students will be provided with opportunities to further develop their knowledge and understandings about air, sun and wind as they work through hands-on activities. Through investigations, the students will increase their knowledge of how the characteristics of weather affect their daily lives.

Reminders:

*Please ensure that your child returns to school with an absence note, explaining the reason for their time away from school.

Lynne

Year 1 Class News

Hello everyone,

Unfortunately illness has taken its toll on our class and I have been no exception. Thank you to Mrs Adey, Mrs Haupt and Mr Bradmore who have taken the class in my absence. The students have well established routines so I trust all is running smoothly.

Open Day - Please come along tomorrow from 11.50am for the assembly, followed by open classroom and the book character parade in the afternoon.

Small Schools Carnival - Congratulations to those students who made it on to the Smalls Schools Carnival on Thursday for their age race. Please remember to return permission notes and good luck to all involved.

I hope to be back soon to see all the smiling faces.

Have a great week.

Kristy

Year 1/2 Class News

Miss Anderson is away at the moment.

A reminder to all the Year 1/2 families that tomorrow is Open Day and all families are welcome to attend then school from 11.30am.

Year 3 Class News

Hi everyone!

It was great to see the students having a go and trying their best at the Athletics carnival last week. Good luck to the students who have made it on to the Small Schools carnival held in Iluka this Thursday.

In writing we are looking at Poems and Jingles. In maths we are calculating change and looking at cross sections. We are lucky enough to have Carol in our room once a week. The students have started the Quick Smart program to enhance their knowledge of tables. Individual maths sheets will go home as part of their home work next week.

Please note: **Home reading journals are to be submitted every Thursday.** It was disappointing that only nine students submitted their journals last week. Hopefully that will improve this week. Looking forward to seeing you tomorrow at our Open Day.

Cheers Bek

Year 4/5 Class News

Good Morning Everyone,

Congratulations to all students who participated in the School Athletics Carnival last Friday. It was a great day of sportsmanship and competition. Well done to those students who will go on to represent the school at the Small Schools Athletics Carnival to be held in Iluka this Thursday.

Education Week: This week is Education Week. Our school is holding special events tomorrow Wednesday 3rd August to celebrate public education. There will be a whole school assembly from 11:50am to 12:30pm. Classrooms will be open from 12:30pm to 1:00pm. Lunch will follow from 1:00pm to 1:40pm and to complete the school activities there will be a book character parade. All are most welcome to attend.

Home Reading Journals need to be returned to school each Wednesday so that they can be checked. Please return the excursion medical forms and balance owing to school as soon as possible. Homework is to be returned each Tuesday. Library, Computers and Sport will remain on Fridays this term.

This term is the fete. Could parents send in books, magazines and cd's for our stall please. Enjoy the week. John

5/6 Class News

Hello Everyone,

Firstly a warm welcome to our 3rd year practicum teacher, Mr Kollmorgan whom will be spending the next 4 weeks with us. We hope you enjoy getting to know us and find some helpful teaching tips along the way.

Small Schools Carnival: well done to the students that qualified for the athletics carnival this Thursday. We wish you well on the day!

Writer's Talk: is this Friday. 12 children will be attending from our class. I'm sure you will find some valuable knowledge from the author.

Open Day: is tomorrow. Come along and have a look at the work the children have been doing so far this year. Looking forward to seeing you.

Book Parade: will be on after lunch on Wednesday as well.

Into August already....where is the year going! Di

Library / Technology News

There are a number of students who still have library books outstanding from Term 2. In amongst the craziness of family life, I understand that sometimes books can be misplaced or simply forgotten about but it would be appreciated if you could have a look around (perhaps under the bed!) for any outstanding books your child/ren may have. Unfortunately, late notices will be issued over the coming weeks for those books unaccounted for.

On a much happier note, the students are looking forward to Education Week celebrations, especially this year's book fair being held in the library. Books will be on sale from as little as 20c with the most expensive at \$5. Come on in and grab a reading bargain!

Book club orders can still be taken until tomorrow - **WEDNESDAY 3 AUGUST** - I am placing the order with Scholastic Wednesday afternoon.

Looking forward to seeing some wonderful book characters come to life in the book parade!

Michelle

Produce from our Horticultural Area

Tomorrow during our open day we will have some produce from our horticultural area on sale. We keep the prices reasonable. We are looking to buy some more vegetable punnets for the garden.

Di

Fete News

Our bi-annual fete is being held on Saturday 17th August 2016. The fete committee is holding a meeting this Wednesday 3 August at 3pm. All welcome to come along and contribute ideas for the fete. And we are looking for volunteers to assist with preparations so if you can't make the meeting but would like to contribute in some way, please contact the Fete Coordinator Danielle Bryant on 0427-286-359 or P&C President Lisa Waters on 0412-77-99-65.



What a success the Christmas in July Trivia night was on Saturday night. A fun night was had by all and most importantly we raised over \$1400. I would like to express a heartfelt thank you to Leah Speirs who spent many hours organising the evening and did a wonderful job of MC on the night. Thank also to Chris Speirs who helped out on the night. I'd also like to thank all of the staff, parents/carers, community members and others who came along on the night. Also to all the families that donated prizes and sold raffle tickets. The raffle was drawn on the night and the winner was Kim Laws who was present at the trivia night and collected her prize.

The P&C is running a canteen at the Small Schools Athletics Carnival this Thursday 4 August at Iluka Oval. We are looking for parent/carer helpers on the day. Please contact me if you can help out at all on Thursday. And we also need some yummy home made goodies to sell on the day. Donations can be left at school before 9am or taken directly to the oval canteen after 9am.

Regards

Lisa Waters

President



Canteen

Roster Term 3

Next Week - Monday August 8 - Adam Hinde, Sarah Johnson, Cassandra McClelland

Monday August 15 - Peter Johnson, Leah Speirs, Gay Webster

Monday August 22 - Karla Morrison, Kirra Pendrick, Vanessa Lipscombe

Monday August 29 - Nikki Kelso, Cassandra McClelland, Sarah Johnson

Monday September 5 - Peter Johnson, Karla Morrison, Amanda Hogan

Monday September 12 - Leah Speirs, Gay Webster, Kylie Kerr

Monday September 12 - Kay Graham, Cassandra McClelland, Karla Morrison

Please let us know if unable to come in on your rostered day or if needing to swap with another person on roster. Tuckshop Hours are from 8:30am to approx. 2pm.

Home baked goods or fruit donation...Monday 8th August... Kindy class!

Our revised Menu is attached, the usual favourites are included along with a few new options like salad wraps & now a few gluten free options...



Why you should always serve unhealthy snacks in a small bowl.

It is often said that gaining weight is a simple matter of energy intake being greater than energy we use up. While this notion is certainly correct, it does not account for all the factors that drive one to eat more calories than we need.

Take for example the size of a bowl from which you eat your snacks.

Could this simple factor play a role in the number of calories you may eat?

Back in 2005, Wansink and Cheney performed a wonderfully simple study and found that when snacks are offered in a large bowl, people take 53% more food (146 extra calories) and eat 56% (142 calories) more than when offered the same amount of food but in a smaller bowl (roughly half the size of large bowl).

Take home message? If you have friends coming over for a party, or you're making snacks for yourself or your family, try the following: place the healthy snacks in large bowls and the unhealthy ones in small bowls. Theoretically, people should eat more of the healthy snacks and less of the unhealthy ones.

Banking News

Welcome back to Term 3 – it's been a bit of a slow start to banking this term with only 15 and 18 bankers the last 2 weeks. Please remember banking will be collected on Friday even if there is an event on.

Also, term 3 rewards are now available – Backtrack Eraser Pen and Skipping Rope.

Other rewards still available include:

- Dollarmite moneybox
- ET DVD
- Galaxy Glider
- Intergalactic Rocket
- Outback Pat Bag Tag
- Outer Space Moneybox
- Wildlife Writers Set

There is also a competition this term with many prizes to be won

- Playstation 4 packs – Supernova Pack
- Magazine Pack
- Instant Cameras
- Camping Kits

Simply make three deposits during this term for a chance to win a Star Saver prize and complete the stargazing online activity for your chance to win the Supernova Pack.

I will include a flyer in this bank book with all information.

Remember banking is on Friday

Jess Edie

Whooping Cough

Even if your child has been vaccinated at 4, there is still the chance of contracting Whooping Cough. Therefor, if your child presents with a bad cough or a cough that has lasted a long time, consider getting your child checked for Whooping Cough at your local Doctor. Whooping Cough is highly contagious.



MATHS COMPETITION 5

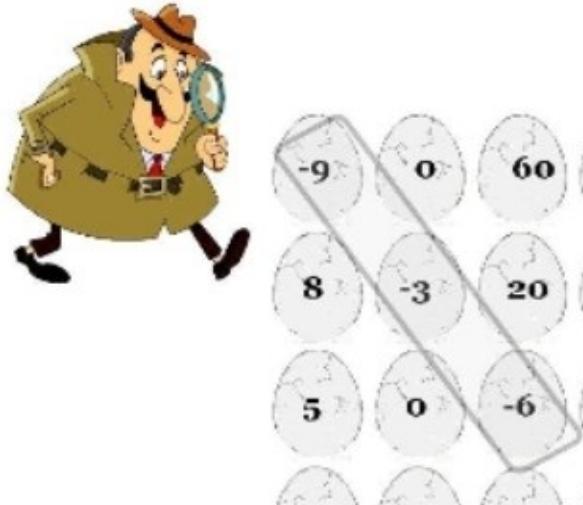
Please complete the attached Maths puzzle by Thursday afternoon for your chance to win a small prize.

CLASS 6

BrainX
Maths Training Program

write name _____
write roll number _____

DETECTIVE TUKARAM & hidden numbers





• Sets of 3 integers have committed a crime and are hiding now. Find all the three integers in a row, column or diagonal, where the third number is the difference of the first and second.

• One set has been found by Tukaram. Find at least 9 more.

-9	0	60	-64	1	18	8	22
8	-3	20	-42	-10	9	1	99
5	0	-6	-22	-16	2	6	-100
6	-1	7	14	8	20	4	199
-3	2	21	7	13	-6	100	10
-2	180	6	-2	1	-44	-1	-43
0	90	10	8	-23	-11	2	-7
42	2	-4	9	26	-4	-3	4

BrainX Maths Training Program. Visit parent zone on SchoolCountry.com for hints, answers and more

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Parenting ideas

When kids bend the truth

By Michael Grose

Children often bend the truth to suit themselves. They sometimes tell fibs to escape punishment or avoid being caught when misbehaviour occurs. Some kids fantasise about their exploits to make themselves appear bigger, more daring or more exciting than they really are. These children often think that they are not much good and so invent a few tales to make themselves seem more interesting. Of course, some children fantasise purely because it is fun to stretch the truth a little. It is more fun to run away from 'a ferocious man-eating tiger' than be scared of the next-door neighbour's moggie.

As a rule of thumb, step back and try to identify the purpose of a child's untruths. This indicates to parents how they should deal with the behaviour.

Escaping negative consequences

Eight-year-old Pamela spilt a container of milk on the kitchen floor. She panicked, replaced the empty container in the refrigerator and went off to her bedroom to read. When her mother saw the mess, she asked Pamela if she knew what had happened. The child denied any knowledge of it. 'What milk do you mean, Mum?' said Pamela, with an innocent look on her face. Her mother, knowing immediately that her daughter was responsible, asked her to help to clean up the mess. Avoiding a scene, she made sure that her daughter didn't escape the consequence of cleaning up the mess that she had made.

A matter of trust

Thirteen-year-old Britta was refused permission to visit an older friend after school, as her mother thought the friend unsuitable company for her daughter. Resenting her mother's interference Britta frequently visited her older friend. When her mother asked her where she was going after school she would lie and tell her that she was visiting a friend that her mother approved of. Eventually her mother found out through an acquaintance that Britta had been lying to her about her visits. She confronted her daughter with the truth. Her mother dealt with the matter of the illicit visits. She was not permitted to go out after school for two weeks. This was an appropriate consequence that matched the misbehaviour. She dealt with the matter of lying separately; pointing out that it was difficult to trust her daughter when she didn't tell the truth.

Fantasising

Some children continually exaggerate to make everything appear bigger or better than in real life. In this way they appear more exciting or interesting than they think they are. This is a sign of discouragement. It is best to go along with these children's tales, although you should let them know that you are aware of the truth without bursting their bubble. It is fine to exaggerate, but they should never be too far away from reality. Persistent fantasisers often need plenty of encouragement. Let them know that they are OK as they are. Fantasising and telling tall tales may be fun but they don't need to fantasise to build themselves up. Youngest children in the family often tell whoppers in an effort to make themselves seem important in the eyes of older siblings.

Imaginary friends

Some children will use imaginary friends to avoid doing things they don't want to do. 'Mr. Bear says I don't have to go bed.' If it only happens once in a while then it's a bit of fun. It can become wearing if it's a continuous avoidance strategy. If that's the case, try the direct approach. 'Mr. Bear could be right. But I'm your mum and I know it's bedtime. Mr. Bear can join you if he likes.'

Don't overreact

Be careful not to overreact when children tell lies. It is better to recognise the child's goal and act in a way that prevents the behaviour from achieving its purpose. There is little point moralising about the evils of lying. Children know that they should be good; they don't need to be reminded all the time. Children will continue behaviours that serve a purpose, regardless of whether the actions are morally good or bad. It is more useful to ensure that lying doesn't achieve its goal and to encourage children at every conceivable occasion.

Tuckshop Menu Term 3

(New) Chicken Drumstick (Honey soy or seasoned) \$1.50 (GF)

(New) Corn on the cob 50c (GF)

Snack size pies 80c

Large sausage Rolls \$2.50

Lasagne \$2.50

Hotdogs with sauce \$2.50

Hawaiian Pizza \$3.00

Chicken & Gravy Roll \$3.00

Chicken burger \$3.50

Salad plate with Chicken or Ham \$3.50 (GF)

Sandwiches (fresh or toasted) a variety of toppings available Ham, Chicken, Salami, Cheese, tomato, egg & lettuce \$2.50

Salad Sandwiches (Chicken & salad or Ham & salad) \$3.50

(sandwiches can now be made GF please request on your order if required)

(New) Wraps (Chicken & salad or ham & salad) \$4.00

Juice Popper \$1.00

Milk Popper \$1.50

Bottled Water \$2.00

(GF) Gluten free option

Karla 0405 638 768 & Cassandra 0413044405.