

# Iluka Public School - Newsletter 38 December 5, 2017

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# Dates to Remember

Term 4

**DECEMBER** 

Wednesday 6th Yr 5 Prefect Speeches -9.15am

Thursday 7th Yr 6 Farewell Dinner

Friday 8th Reports go home

Tuesday 12th Presentation Day 11.30am

Disco Bowling Club

Wednesday 13th Carols in the Park

Thursday 14th X Factor

Friday 15th Last day of Term 4

WE WISH YOU A MERRY CHRISTMAS AND A HAPPY AND SAFE NEW YEAR!



**JANUARY 2018** 

Tuesday 30th Students return

#### SPECIAL EVENT

Year 5 Prefect Speeches - Wednesday, 6th December at 9.15am.

## I.P.S ANNUAL PRESENTATION DAY

Next Tuesday,12th December we will be holding our Presentation Day at the Iluka Community Hall beginning at 11.30am. We invite our families and friends to attend on Tuesday to recognise this special assembly. Students will be walking from our school at 11.15am. All students are required to wear full school uniform. At the conclusion of the presentations (at approximately 1.30pm) students may leave from the hall under parent supervision. Written notes may also be accepted if a child is leaving early. These notes must be handed to the classroom teacher. Students may also return to school for the remainder of the day.

#### **Principal's News**

Dear Parents and Community Members,

As a result of community consultation, data analysis and through the evaluation of current programs, the new 2018 -2020 IPS School Plan has been developed. It includes three Strategic Directions. Within each direction there are two focussed projects.

Of course, there are still the existing curriculum needs being met in the school. These new directions are the goals and vision for the future we will focus on. Strategic Direction 1. – LEARNING - Reading and Spelling, Number Strategic Direction 2- TEACHING – Professional Learning, STEM /ICT Strategic Direction 3 – LEADING – Staff and Student Wellbeing, Teacher collaboration / Aspiring Leaders / Coaching and mentoring. Much time and effort has gone into the development of the Iluka Public School Plan. I thank everyone for their input and look forward to working in partnership with you over the next three years.

Today sees the Kindergarten and Year 1 students boarding the Houseboat as part of their end of term activity. I hope you enjoy your special time on the water. Congratulations to all students who attended the cruise. Your behaviour and manners have been very good.

Our school values student leadership very highly and the responsibilities which go with any of our leadership positions we run at school. This includes the Year 6 GRIP Leadership Program, Sports House Captains and Vice Captains, Library Monitors, Classroom Helpers, Electricity Monitors, Sustainability Club Members and Prefects.

Tomorrow we will hear our fabulous Year 5 students present their leadership speeches in front of the morning assembly. From experience, I know families will

be feeling both nervous and proud of their child's efforts when they present their speech to the school. I thank Miss Anderson, Mrs Howard for organising the day and the parents who have been at all times supportive and encouraging. We wish Year 5 all the best.

Congratulations to our students who are receiving their swimming certificates based on the assessments after the Intensive Swimming Program concluded last week. We have been very impressed with our students and the positive progress they have all made throughout this program. Our school encourages all students to learn to swim and continue to do so in a safe and supervised environment.

It was so wonderful that last week, former student Miss O'Neill, worked her first day as a Classroom Teacher at our school. I believe it is so wonderful for our students to see that it is possible to have a dream and a goal can come true if they are prepared to work hard. I congratulate you Bonnie on your achievement and wish you a long and rewarding career as a teacher. We are all very proud of you.

As the year concludes I wish to thank our P&C members, our Canteen coordinators Karla, Peter, Sandy and Cassandra and volunteers in all areas. We have many people who give up their time in many areas of our school. We say a big thank you to you all. Can I especially thank our banking lady Jess and Leah for their weekly efforts too.

Congratulations to all those students who have successfully completed 200 nights of home reading and who have consistently and regularly completed their Home Reading Journal and presented this to their teacher. As a person who did complete this with the students this year, I know how much of a challenge it has been. Well done.

Your child's End of Year Report is being sent home this Friday 8 December. Please ensure you read the report with your child looking at the strengths and weaknesses. Teachers are available for an interview Monday afternoon or for a time that is convenient to both parent and teacher, provided the booking/interview is made through the office.

#### **Kindy Class News**

**Attendance**-It is vital that your child attend school each day, until the end of the school year. There is still work to complete and learning to consolidate, but also some fun to be had since the students have worked so hard throughout the year.

**Cruising The River Excursion-**We all had a fantastic day cruising on the Clarence River. The students were so excited and had a wonderful time together. Yet again the Kindergarten students were well mannered and showed exemplar behaviour. Thank you Sister Lynne and Mr Bradmore for organising this memorable experience for us.

**Assembly-**If your child has received 5 or more merit certificates this year, please present them to Mr Bradmore by Thursday, so that their achievement certificate can be handed out at our last whole school assembly on Friday.

Reports-Semester Two reports will be handed to the students to take home on Friday.

**Home Reading-**Next Wednesday our home reading program will cease for the year. Please ensure that all home readers are returned on this day. Thank you for supporting this important program.

**Class Party-**Our end of year class party has been combined with our river cruise excursion. Next week I will provide some special treats (cakes, chips, fruit) for a small celebration.

**Iluka Community Carols-**Next Wednesday Iluka will be holding its Community Christmas Carol event. Iluka Public School students have been invited to sing at this event and have been practising the songs 'Aussie Jingle Bells' and 'Santa Claus Is Coming To Town' at school, over the last few weeks. It would be wonderful to see as many Kindergarten students as possible participate in this community event.

#### Reminders:

\*Presentation Day is on next Tuesday 12th December at the Iluka Community Hall. The ceremony will begin at 11:30am. All students will walk to the venue after recess.

Lynne

#### **Year 1 Class News**

**Home reading** - Students have until next Wednesday to complete their 200 nights of home reading which will allow them to participate in Mr Bradmore's special reward activity. Keep reading every day and over the weekend to ensure they do not miss out.

### Iluka Public School - Newsletter 38

December 5th 2017

**Clarence River Cruise** - We had a lovely day out on the water today for our end of year class party. Thank you Sister Lynne and Mr Bradmore for organising this wonderful experience for us.

Reports - Semester Two reports are going home this Friday.

**Assembly** - This Friday will be our final assembly for the year.

Enjoy your week.

Kristy

#### **Year 2 Class News**

Well it is almost silly season and I am presuming everyone is putting up their chrissy trees and the kids are getting super excited. The last week of term is almost upon us and is jam packed with activities. I will be slowly sending work home with students that they have done over the semester so you are not bombarded with a huge pile in one transaction.

**Home Reading Journals:** The children that have made 200 nights will be presented with their certificates on Friday at our whole school assembly. If your child is just shy of 200 nights please ensure they keep going and they show me their journal before Wednesday of next week. This will allow them to be involved in the 200 nights reading award on that day.

**Presentation Day:** This will be held next Tuesday 12th of December at the Iluka Community Hall. The ceremony will begin at 11:30am. All students will walk to the venue after recess.

**Assembly:** Our final whole school assembly will be this coming Friday. The students that have achieved 200 nights reading will be handed their awards on at this event.

**Reports:** Semester two reports will be handed to the students to take home this Friday. I hope everyone has a great week, Matt.

#### Year 3/4 Class News

Hi everyone! The students thoroughly enjoyed their river cruise last Tuesday.

Reports: will be sent home on Friday.

**Journals:** I would like the students to continue journaling through the school holidays. They have enjoyed reflecting and revising. It is also a great keep sake as their has been a lot of effort put into them. **Home Reading Journals:** will be checked this Thursday and the children that have made 200 nights will be presented their certificates on Friday at our whole school assembly.

**Secret Santa:** Every student is asked to purchase or make a small gift for another student in the class. They have randomly been selected and the students have been notified as to who they are giving a gift to. Could all presents secretly be placed under the class tree by next Wednesday the 13th of December.

Have a great week Bek.

#### Year 4/5 Class News

Hello everyone and welcome to Week 9. The countdown is now on for the end of term and I can feel the excitement in the air. The students are currently completing units of work, participating in various activities and creating Christmas craft.

**Prefect Speeches-** The Year 5 students had their final practice today. They will present their speeches to the school in the morning. I wish them all the very best for tomorrow.

**Secret Santa-** The students randomly selected a name today. They now have to buy that person a gift valued between \$5 and \$10. Gifts are to wrapped and labelled before bringing to school. We will do the gift exchange next Friday on the last day of school.

**Movie Day-** Next Friday we will be having a movie day to celebrate the last day of school for 2017. Students are asked to bring a plate of food to share with the class. They can also bring in a pillow and a blanket to make themselves comfortable.

**200 Nights Reading-** On Friday, I will hand out certificates to those students who have reached 200 nights reading this year. I need to see the journals before I can award certificates.

**Reports-** Student's will be given their reports next Friday and instructed to bring them home without opening. Please take the time to discuss the reports with your child. It is a great opportunity for them to reflect on their progress this term.

I would like to take this opportunity to thank the students for a fabulous term. I have thoroughly enjoyed spending the term in the Year 4/5 classroom. I would like to wish you all a Merry Christmas and a very happy New Year!

Have a great week Stacey

#### Year 5/6 Class News

Hello All.

This year has moved along at a very fast pace. I'm a little bit sad only to have 2 weeks left with this wonderful class. They have progressed in so many facets: academic, social and personal goals have been reached in many instances.

**Homework**: is happening this week. I told the students because of the positive response to homework this year we can have a break next week.

**Home Reading Journals:** have been checked and the children that have made 200 nights will be presented their certificates on Friday at our whole school assembly. Keep that reading going over the holidays.

**Year 5 Speeches:** are tomorrow at 9:15am. I wish all the Year 5 students the best of luck with their nominations. Parents, grandparents and friends are most welcome.

**Year 6 Farewell Dinner:** with the staff is on Thursday evening at Maraccas. It will commence at 6:30pm. We are appreciative for the P&C paying for the students' meals. Parents you can pick up your child at 7:45pm. I'm sure we will have a lovely evening.

**Reports:** will come home on Friday. If you would like to discuss your child's report with me please arrange a suitable time.

Have a happy week. Di

#### **Library/Technology News**

Wow, It's hard to believe there is less than two weeks left of the 2017 school year . Thank you to those students who have already returned their books to the library. However, I am still chasing down quite a few overdue books. I have handed out the first round of overdue notices and the second round will be handed out this week. This will have the price of the books on it and if you can not find the book that is due, it will need to be replaced. Bookclub will be delivered this week and handed out as soon as possible. Have a great week,

Melaney.



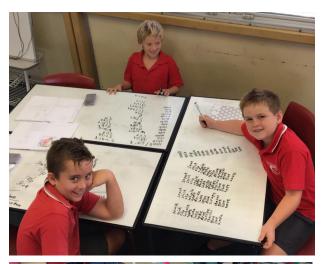
Our volunteers for Monday are:-

Karla, Peter & Vanessa.

Class donations are Year 6.

Thank you







## Iluka Public School - Newsletter 38

December 5th 2017

# Parenting ideas

#### The power of gratitude for a happier life - by Dr Jodi Richardson

More than just a nice feeling, gratitude is integral to happiness. If we can inspire and cultivate gratitude in our children, we're doing so much more than teaching them to be polite by saying 'thank-you'. We're helping them develop a strength that will positively affect their mental health and wellbeing over a lifetime. It's that powerful.

Remember how many times you had to remind your kids to use their manners all those years ago? I know, probably too many! Still reminding? You're not alone! In the same way good manners eventually become a part of daily life, sincere gratitude will too. It's worth persevering.

#### Benefits of a grateful mindset

The science tells us that compared with those who don't, people who practice gratitude are more enthusiastic, more determined, perform better at school, are more likely to avoid risky behaviours, experience less depression and envy, are more kind and helpful, sleep better and are 25 per cent happier.

Adolescents with a grateful mindset are more optimistic and experience greater social support, which is essential to their health and happiness. They experience more fulfilling friendships and family relationships, are more content in themselves and with their school, have higher grades and are less focused on material possessions.

#### There's simply no down side!

Practicing gratitude is a sure-fire way to boost happiness, something we absolutely want for ourselves and for our children. In addition, teaching our children genuine appreciation helps them develop strong relationships over the course of their lives, and we know that strong relationships are critical to our overall happiness.

Gratitude isn't just good for the giver either. It's wonderful for the recipient too. Do you remember how you felt the last time sincere gratitude was expressed to you? It lifts our spirits, boosts our mood and inevitably strengthens our relationship with the person expressing their thanks.

#### Where do I start?

The best way to teach gratitude is for us as parents to role model it. When you're feeling grateful, tell your kids and explain why. If you do something kind for someone to thank them for helping you, share your story over the evening meal. Like all values we want for our kids to embrace, it's 'monkey see, monkey do'.

Different families teach gratitude in different ways. The trick is to introduce a gratitude practice that doesn't feel like a chore. Even if there's a little resistance at first, don't give up. It feels good to be grateful, so it should eventually become something that doesn't need too much of a nudge.

Supporting your child to become more grateful begins with teaching three fundamental ideas:

- 1. Awareness that someone has purposefully done something to benefit them.
- 2. Awareness that taking action to provide you a benefit cost that person in some way.
- 3. Understanding that the benefit of that person's actions is valuable to them.

There are loads of fun ways to practice gratitude. Here are a few to get you started:

- Regularly express sincere gratitude to your partner and to your children, explaining why.- Prompt your kids to note things they're grateful for in colourful textas on poster paper on the fridge.- Paint a wall in chalk paint for your family to artistically (or not!) express their gratitude using chalk.- Ask each family member what they're thankful for each evening at dinner. Stop to savour and appreciate the little things like a beautiful flower or a colourful sunset.- Find the silver lining in difficult circumstances.- Relive happy moments together.- Hold hands at the dinner table and thank the person who prepared the food.- Ask the kids to take photos of the things they're grateful for. Keep thank-you notes at the ready and let the kids know when you write one and why. Encourage them to do the same.- Encourage a contribution from your kids' pocket money towards something they want.
- Start a gratitude journal and invite the kids to make contributions.- Encourage your kids to help others.- Help your kids reflect on what they're grateful for, last thing at night.- Start a gratitude jar and each weekend spend time reading over the notes within.

It's really about finding the right fit for your family. You may need to try a few different ideas. You don't even have to do it everyday, even just a few times a week works well, though it is good to get into a routine with it.

Lastly, Associate Professor Jeffrey Froh, a leading authority on gratitude in young people, tells us that "the deepest sense of gratitude in life comes from connecting to a bigger picture, to an issue that matters to others, and doing things that contribute to society down the road."

Knowing this we can also be on the lookout for opportunities to fan the flames of our childrens' passions and yearnings to make a difference in the lives of others. Step-by-step, day-by-day, we can raise grateful young people who are happier because of their perspective, and who lead rich and fulfilling lives because of what they do for others.

# Weekend BASKETRY WORKSHOP at YAMBA ART SPACE

Make a basket from Juncus reeds, a twined basket with different types of plants and recycled materials, plus a gorgeous melon basket.

#### 9th & 10th December

10am—2.30pm (BYO Lunch)
Saturday and Sunday - Educator Lee Ann Hally
\$200 Includes afternoon Tea









BOOKINGS ESSENTIAL
PH: Kerrie 0488 070 069
Lee Ann 0422 412 415
info@yambaartspace.com
2/6 UKI St. Yamba NSW



Christmas is nearly here

....storytime will finish on Monday 4 December







see you in the New Year Monday 5<sup>th</sup> February









The school holidays are almost upon us.

There are many valuable resources to help parents of special needs children keep their children safe and occupied during the school holiday period. Visit https://thinkorganisedo.com.au/

for some great tips.



# December 2017+ January 2018 ST JOSEPH'S PRIMARY MACLEAN OUTSIDE SCHOOL HOURS CARE VACATION CARE MACLEAN

Monday 18<sup>th</sup> - Friday 22<sup>nd</sup> December 2017 Tuesday 2<sup>nd</sup> - Thursday 25<sup>th</sup> January 2018 Open to all children aged 5-12 years. Operating Monday-Friday Opening hours 8am-6pm

Please book promptly to ensure your spot Limited spaces available

For more information on bookings and program call St Joseph's OSHC Centre: 6645 4280 Alternatively call St Joseph's Primary School: 6645 2340 \*to arrange collection of Enrolment Package, \*St Joseph's Primary School closes 15th December, 2017. Programme & Booking Slip 8.30am - 3.30pm Monday - Friday